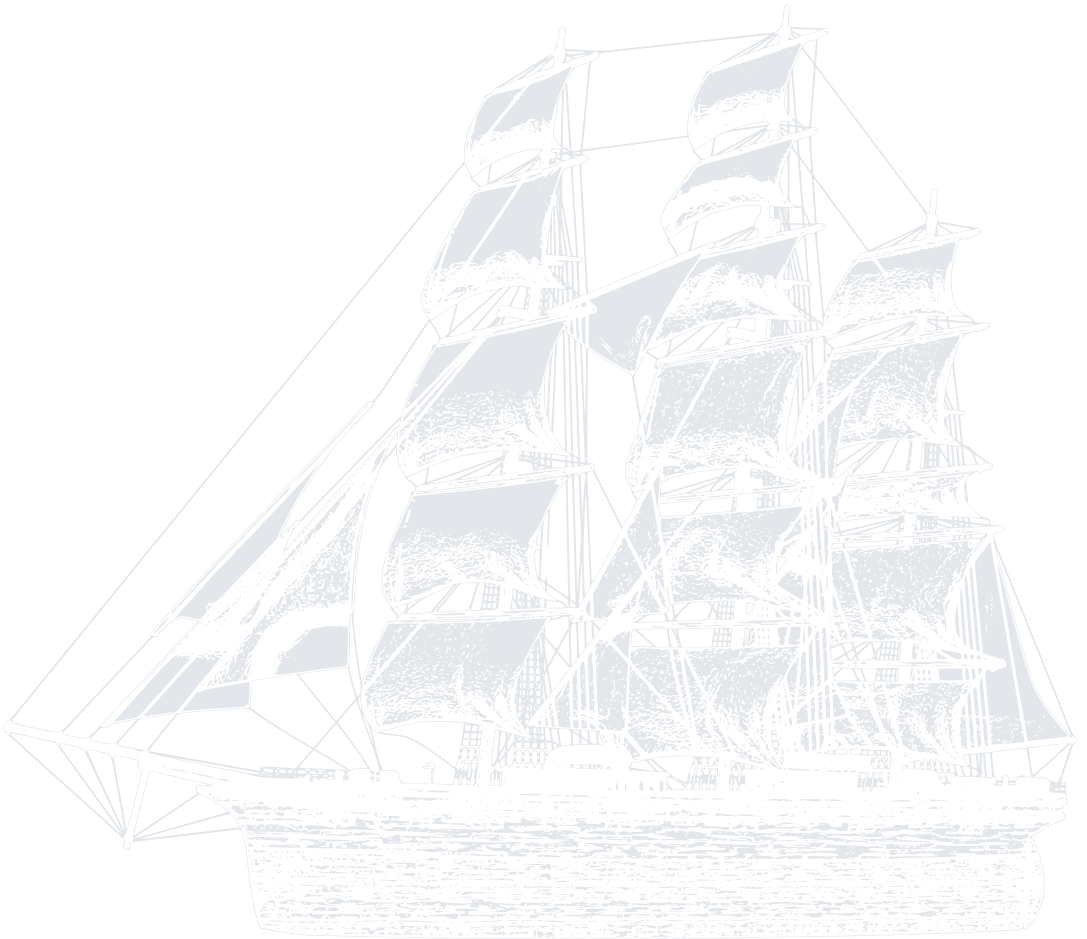


Caravela
























*As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI) an average active adult requires **2000 kcals** of energy per day. However, the actual calories needed may vary per person.*

Portion size

*Soup 200-220 gms, Salad - 250-280 gms, Starters 180-200 gms,
Main Course 470-490 gms, Biryani - 760-790 gms, Pizza - 320-340 gms, Pasta - 450-470 gms,
Sandwich / Burgers- 350-400 gms, Desserts - 200-240 gms*

Breakfast

-  **Three Eggs Prepared any Style**  INR 695
234 kcal | boiled
213 kcal | poached
255 kcal | masala omelette
314 kcal | scrambled
259 kcal | fried
-  **Waffles / Pancakes**  INR 695
619 kcal | fruit compote, maple syrup, whipped cream, drawn butter
-  **Gratinated Beans on Croissant**   INR 525
461 kcal
-  **Upma**  INR 695
256 kcal | tempered semolina porridge
-  **Dosa / Uttapam**  INR 695
447 kcal | masala, ghee roast, plain, mysore
-   **Idli**  INR 695
608.5 kcal | fermented rice cake
-   **Medu Vada**  INR 695
546 kcal | deep fried lentil doughnuts

*  The above south indian dishes will be served with
167 kcal | coconut chutney 
36 kcal | tomato chutney 
155 kcal | sambhar 

List of Allergens:















       
Molluscs Eggs Fish Lupin Soya Milk Peanuts Gluten

     
Crustaceans Mustard Nuts Sesame Celery Sulphites

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-   **Poha** 🌾 🥔 🌶️ 🌰
273 kcal | flat rice, onion, potatoes, chillies, mustard seeds **INR 695**
-   **Poori Bhaji** 🥔 🌾 🍛
695 kcal | potato curry, deep-fried whole wheat flour bread **INR 695**
-  **Paratha** 🌾 🥔 🧀
stuffed north Indian bread **INR 660**
406 kcal | potato
368 kcal | cauliflower
467 kcal | cottage cheese
-   **Fresh Fruit Bowl**
250 kcal | selection of fresh diced fruits of the season **INR 655**
-   **Choice of Cereals** 🌾 🍌 🥛
178.5 kcal | corn flakes
178 kcal | wheat flakes
180 kcal | all bran
193.5 kcal | chocos
181.6 kcal | special k
222 kcal | muesli **INR 525**
- served with the choice of:**
82.5 kcal | skimmed milk (hot / cold)
 86 kcal | soy milk
 41 kcal | almond milk
-   **Smoothie** **INR 405**
151 kcal | mango, apple, papaya
-  **Lassi** 🥛 **INR 405**
176 kcal | plain, salted
346 kcal | sweet

List of Allergens:








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- Butter Milk**  INR 405
 60 kcal

- Milk Shakes**  INR 405
 845 kcal | cold coffee, nutty chocolate, vanilla , banana caramel, oreo

- Tea**  INR 350
 105 kcal

- Coffee**  INR 350
 74 kcal | cappuccino
 03 kcal | espresso

- Fruit Juice Selection** INR 330
 110 kcal | orange
 120 kcal | pineapple
 110 kcal | watermelon
 120 kcal | sweet lime

- Yoghurt**  INR 305
 76.6 kcal | natural
 103 kcal | mango
 98 kcal | strawberry
 99.3 kcal | blueberry
 110.4 kcal | raspberry

List of Allergens:


















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Soups & Salads

-  **Chicken Noodle Soup**  **INR 605**
342 kcal | *diced chicken , vegetables*
-  **Creme de Vedure**  **INR 550**
274 kcal
-  **Citrus Salad with Grilled Prawns**  **INR 1425**
319 kcal
-   **Caesar Salad**  **INR 910**
470 kcal | *lettuce, caesar dressing, parmesan, garlic bread, bacon, chicken*
-  **Tomato Avocado Feta**  **INR 880**
280 kcal | *tahina balsamic dressing*
-  **Grilled Vegetables with Pepper Cream Dressing**  **INR 880**
278 kcal
-   **Sprout and Pineapple Salad** **INR 880**
176 kcal | *honey lemon olive, jalepeños*

List of Allergens:



























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Small Plates

-   **Nachos on a Platter**  
651 kcal | homemade salsa, guacamole, sour cream, refried beans
-  **Prawn** 
107 kcal INR 1128
-  **Chicken**
258 kcal INR 1020
-  **Vegetables**
38 kcal INR 910
-  **Fully Loaded Hand Cut Fries** 
894 kcal | mixed cheese, sour cream, spring onions INR 910
-   **Kebab Sampler**    
1987 kcal | chef's selection of four kebabs INR 1600
-  **Paratdar Paneer Tikka**   
615 kcal | cottage cheese, saffron, rose petals INR 1075
-  **Bharwan Dhaniya Maska Kumbh**   
457 kcal | mushroom, hung curd, cilantro INR 1075

*  with your kebabs
49 kcal | mint chutney 

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- ▲ **Kebab Sampler** 🍷🍴🍴🍴🍴 INR 2415
 1735 kcal | chef's selection of four kebabs
- ▲ **Nimbu Lehsuni Prawns** 🍷🍴🍴 INR 2010
 363 kcal | tandoori prawns, lemon garlic cream
- ▲ **Prawns in Coriander Sauce** 🍷🍴🍴🍴 INR 1850
 776 kcal
- ▲ **Rawa Fried Fish** 🍷🍴🍴 INR 1450
 495 kcal | pomfret / king fish
- ▲ **Saunfiyani Machhli Tikka** 🍷🍴🍴🍴 INR 1425
 318 kcal | fish, cheese, yoghurt, fennel
- ▲ **Khate Pyaaz Ki Seekh** 🍷 INR 1425
 583 kcal | minced lamb, pickled onion
- ▲ **Cream Cheese Chicken Tikka** 🍷🍴🍴 INR 1185
 573 kcal | chicken, cream cheese
- ▲ **Murg Pyaz Kebab** 🍷🍴 INR 1185
 471 kcal | tandoori chicken tikka, yoghurt, onion salad
- ▲ **Chicken Jirem Mirem** INR 1185
 493 kcal | chicken, ground spices, cilantro
- ▲ **Calamari** 🍷🍴🍴🍴🍴🍴 INR 935
 1024 kcal | garlic gherkin aioli
- ▲ **Dry Rubbed Chicken Tenders** 🍷🍴🍴🍴🍴 INR 990
 1026 kcal | chicken strips, house - made spice rub, jalapeño dip, fries
- * ■ with your kebabs
 49 kcal | mint chutney 🍷

List of Allergens:



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International Plates

- ▲ **Braised Lamb Shanks** 🍷🌿🍷
1028 kcal | slow cooked lamb shanks, blue cheese polenta, olive dust, onion jus **INR 1700**
- ▲ **English Roast Chicken** 🍷🌿🍷
765 kcal | roast potatoes, vegetables **INR 1375**
- **Pan Seared Mexican Crepes** 🍷🌿
481 kcal | homemade salsa, sour cream, guacamole **INR 1128**
- **Polenta** 🍷
831 kcal | polenta cakes, mushrooms, signature alfredo sauce **INR 1075**

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Pizza & Pasta

-  **Seafood:** 
1600 kcal | prawns , squid rings INR 1375
-  **Chicken:** 
1751 kcal | house smoked chicken , english roast, chicken tikka INR 1300
-   **Meats:** 
1804 kcal | pepperoni, goan chorizo INR 1185
-  **Vegetables:** 
1531 kcal | bell pepper, tomatoes, onions , american corn, baby corn, olives
spinach, pineapple , mushrooms , jalapeño INR 1100

DESIGN YOUR OWN PASTA


Pasta: Penne, Fusilli, Farfalle, Spaghetti 

Sauce:

460 kcal | arrabiata 

902 kcal | alfredo 

690 kcal | aglio e olio 

894 kcal | creamy pesto 

-  **Grilled Prawns** 
107 kcal INR 1450
-  **Chicken Breast**
258 kcal INR 1375
-  **Exotic Vegetables**
38 kcal INR 1155

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Sandwiches, Burgers & Wraps

▲ **Chicken Burger** 🌾🥛🍗🍳🧀🥬🍅
680 kcal | seasoned chicken patty, fried egg, cheese,
homemade sauce, lettuce, tomato, toasted sesame bun **INR 1075**

■ **Vegetable Burger** 🌾🥛🍗🥬🍅
549 kcal | lettuce, plum tomatoes, crumb fried vegetable
potato patty, cheese, homemade sauce, toasted sesame bun **INR 1020**

The Village Club Sandwich

with lettuce, tomato, cucumber, cheese and:

■ ▲ **Chicken Breast, Fried Eggs, Bacon** 🌾🥛🍗🍳🥓🥬
851 kcal **INR 1075**

🌶️ ▲ **Chicken Tikka, Masala Omelette, Mint Chutney** 🌾🥛🍗🍳🥬🍅
735 kcal **INR 1075**

■ **Roasted Bell Peppers and Zucchini** 🌾🥛🥬
701 kcal **INR 965**

🌶️ **Kathi Roll**
wheat flour flat bread, mint chutney, red onions

▲ **Chicken** 🌾🥛🍗🍳
451 kcal **INR 1045**

■ **Paneer** 🌾🥛🧀
440 kcal **INR 935**

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Indian Plates

-  **Roghan -e- Gosht** 
437 kcal | slow cooked lamb, whole spices, red onions, chili INR 1535
-  **Butter Chicken** 
971 kcal | boneless chicken tikka, rich plum tomato, butter, cream INR 1320
-  **Paneer Aapki Pasand** 
744 kcal | kohlapuri
886 kcal | tikka masala
1096.3 kcal | makhani INR 1075
-  **Aloo Aapki Pasand** 
 206 kcal | aloo jeera
171 kcal | aloo gobhi
311 kcal | aloo methi INR 935
-   **Ajwaini Amchoori Bhindi**
184 kcal | okra, onions, tomato INR 935
-  **Dal Tadkewali** 
650 kcal | yellow lentils, garlic INR 800
-  **Dal Makhni** 
806 kcal | black lentils, cream INR 800

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Accompaniments

-  **Naan - Plain, Rumali** 🌾 INR 330
364 kcal
-   **Tandoori Roti** 🌾 INR 330
255 kcal
-  **Paratha — Laccha, Pudina, Ajwaini, Tawa** 🌾 INR 330
255 kcal
-   **Phulka** 🌾 INR 330
255 kcal
**with butter* 🍶
-   **Steamed Rice** INR 330
418 kcal
-  **Jeera Rice** INR 330
504 kcal
-  **Peas and Saffron Pulao** 🍶 INR 330
507 kcal






Dum Biryani

finest basmati rice cooked with cardamom, mint and saffron

-  **Mutton** INR 1425
948 kcal
-  **Chicken** INR 1315
771 kcal
-  **Vegetables** INR 1075
615 kcal

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Local Plates

-   **Prawns Balchao** 
327 kcal | prawns, red onion, local vinegar **INR 1570**
-   **Goan Prawn or Fish Curry**  
491 kcal | fish fillet or deep-sea prawns, coconut, spices, kokum **INR 1570 / 1450**
-   **Chicken Xacuti** 
697 kcal | red onion, coconut, local spices **INR 1240**
-    **Tenderloin Chili Fry** 
415 kcal | tenderloin strips, onion, bell pepper, chili **INR 1185**
-   **Dal Varan**   
492 kcal | yellow lentils, mustard, chili, coconut **INR 800**
-  **Mix Vegetable Hoomand**  
597 kcal **INR 800**

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Baby Plates

-  **Chicken Nuggets**  **INR 765**
586.1 kcal
-  **Baked Mac 'n' Cheese**  **INR 655**
472 kcal
-  **Pizza Margherita**  **INR 655**
1493 kcal
-  **Corn Cheese Nuggets**  **INR 655**
486 kcal
-  **Dal Khichdi** 
213 kcal | plain
230 kcal | vegetable
230 kcal | masala
-   **French Fries / Smilies** **INR 435**
624 kcal

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Sweet Plates

-  **Classic Caramel Custard** 🍌🥛
189 kcal **INR 655**
-  **Chocolate Brownie** 🍫🍌🥛🍪
901 kcal | vanilla ice cream **INR 655**
-  **Rasmalai** 🍌🥛
677 kcal | milk patty, sweetened saffron milk **INR 655**
-  **Shahi Gulab Phirni (Sugar Free)** 🍌🥛
174 kcal **INR 655**
-  **Choice of Ice Creams** 🥛
522 kcal | strawberry, vanilla, mango, coffee, chocolate **INR 655**

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HOLIDAY VILLAGE
RESORT & SPA
GOA