

BREAKFAST

0700 HRS TO 1030 HRS

Hearty Mornings !

🟢 Seasonal Fresh Fruit Juice | 560

Orange - 200 kcal, 250 ml | Watermelon - 102 kcal, 250 ml
Sweet Lime Juice - 188 kcal, 250 ml | Pineapple - 259 kcal, 250 ml

🟢 Seasonal Vegetable Juice | 560

Kcal - 70 Ml - 250
ABC | Carrot & Ginger | Bottle Gourd

🟢 Seasonal Fresh Fruit Platter | 630

🍷🌾🍳🍷 Waffle | 680

Kcal - 700 Grams - 220
whipped cream, maple syrup & fresh fruits
add vanilla ice-cream | 370

🍷🌾🍳🍷 Pancakes | 680

Kcal - 906 Grams - 270
choice of pancakes, blueberry compote

🍷🍳🍷 French Toast | 680

Kcal - 672 Grams - 220
our version of the cinnamon French toast, served with honey

🍳🍷 Eggs to Order | 680

Kcal - 250 Grams - 200
your choice of eggs poached, scrambled, omelette or fried
with grilled herb tomato



Common Allergens



Mollusca



Eggs



Fish



Lupin



Soya



Milk



Peanuts



Gluten



Crustaceans



Mustard



Nuts



Sesame



Celery



Sulphites

🟢 Vegetarian

🍷 Non-vegetarian

Kindly let your order taker know if you are allergic to any ingredients.

An average active adult requires 2000 kcal energy per day, however calories needs may vary.

Food without onion & garlic can be prepared on prior request.

The above prices are in Nepalese currency & inclusive of applicable taxes.

   **Mynt Muesli Bowl | 620**




Kcal - 225 Grams - 170

muesli, oats, berry yoghurt, grated apples, dry fruits,
banana

   **Paratha - Aloo | Paneer | 590 | 680**

Kcal - 319 | 325 Grams - 200

choice of potato or cottage cheese, pickle and butter

   **Poori Bhaji | 590**

Kcal - 700 Grams - 450




deep fried whole wheat bread served with mildly
spiced tempered potato curry

   **Idli Sambhar | 590**

Sambhar - 284 kcal, 250 grams

Idli - 317 kcal, 200 grams

steamed rice cakes, lentil drumstick curry,
coconut chutney

   **Dosa - Plain | Masala | Rapchik | 590 | 640 | 680**

Kcal - 660 | 820 Grams - 70 | 200

crispy rice crepe, lentil drumstick curry,
coconut chutney, plain or with spiced potatoes

  **Uttapam | 590**

Kcal - 684 Grams - 200

rice and lentil pancake, plain or choice of vegetables

 **Besan Chilla | 590**

Kcal - 269 Grams - 150

gluten free gram flour crepe with onions & tomatoes,
served with mint chutney



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SOUP AND SALADS

1130 HRS TO 2230 HRS

    **Caesar Salad - Vegetarian | Chicken | Bacon | 870 | 960**



Kcal - 198 | 290 | 646 Grams - 250 | 255 | 255

crisp lettuce, anchovy, parmesan curls in classic caesar dressing, garlic toast

   **Greek Salad | 840**

Kcal - 303 Grams - 275

onions, cucumber, olives, feta and tomatoes, garlic toast

  **Bocconcini, Tomato and Basil Salad | 720**

Kcal - 150 Grams - 275

a Italian salad in balsamic dressing

 **Yakhni Shorba | 810**



Kcal - 281 Grams - 250

a Kashmiri style lamb soup

    **Cream of Chicken and Pesto | 750**





Kcal - 243 Grams - 225

pesto, cream, chicken, garlic toast

  **Tomato and Basil | 680**





Kcal - 292 Grams - 250

roasted tomato soup, fresh basil, garlic toast

    **Minestrone di verdure Genovese | 680**

Kcal - 237 Grams - 250

classical Italian vegetable soup with rich tomato base and pasta

    **Cream of Mushroom | 680**

Kcal - 283 Grams - 250

cream, roasted mushrooms, truffle oil, garlic toast



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SMALL PLATES

1130 HRS TO 2230 HRS

   **Butter Chilli Garlic Prawns | 1680**


Kcal - 450 Grams - 200

prawns tossed in a butter chilli garlic sauce

   **Drums of Heaven Chicken Lollipop | 1090**

Kcal - 700 Grams - 250

a aromatic spiced chicken lollipop tossed in sweet and tangy hot sauce

  **Mynt Junglee Chicken | 1060**

Kcal - 705 Grams - 250

local akabare chilli & mint with spices

  **Hummus with Pita and Lavash | 870**

Kcal - 267 Grams - 250

classic middle eastern snack chickpea puree, tahini, olive oil

   **Italian Bruschetta | 810**

Kcal - 216 Grams - 150

balsamic vinegar, tomatoes, garlic & basil on toasted bread

    **Dahi Papdi Chaat | 620**

Kcal - 246 Grams - 250

crisp papdi, spiced potatoes, trio of sauces and vermicelli

   **Samosa | 620**

Kcal - 780 Grams - 250

South Asian pastry, savory potato stuffing, dips of mint and tamarind



  **Cheese Chilli Toast | 620**

Kcal - 880 Grams - 250

toasted bread, processed cheddar, chillies

  **Garlic Toast | 620**

Kcal - 880 Grams - 250

  **Potato Wedges | 620**

Kcal - 331 Grams - 200

 **French Fries | 620**

Kcal - 331 Grams - 200

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BETWEEN BREADS

1130 HRS TO 2230 HRS

    **Tikka Sandwich | Paneer | Chicken | 1310**

Kcal - 475 | 850 Grams - 300

oven roasted marinated chicken tikka / cottage cheese stuffed in breads with aromatic spices and grilled

      **Classic All-American Cheese Burger | 1310**

Kcal - 967 Grams - 300

jumbo buff patty, lettuce, tomato, fried egg and cheese

    **Crispy Chicken Burger | 1180**




Kcal - 1244 Grams - 325

fried chicken patty, lettuce, cheese & spicy mayo

     **MYNT Non-Vegetarian Club Sandwich | 1310**






Kcal - 1039 Grams - 320

roast chicken salad, bacon, egg, lettuce, tomato, cheese

    **MYNT Vegetarian Club Sandwich | 1180**



Kcal - 951 Grams - 300

coleslaw, grilled peppers, grilled zucchini, lettuce, tomato, cheese

     **Non-Vegetarian Simple Sandwiches | 1060**

Kcal - 1039 Grams - 320

roasted chicken salad | bacon, lettuce, cheese & tomato

   **Vegetarian Simple Sandwiches | 930**





Kcal - 344 Grams - 280

cheese, chutney, cucumber and tomato | roast vegetable and cheese

   **Vegetable Burger | 1060**







Kcal - 1067 Grams - 340

fried potato patty, roasted peppers and zucchini, cheese and tomato salsa

    **Mumbai Masala Cheese Toastie | 930**

Kcal - 594 Grams - 340

spiced potatoes, mint chutney, capsicum, cheese

      **Kathi Roll | Paneer | Chicken & Egg | 1210**

Kcal - 569 | 620 Grams - 250

flour paratha, sauteed onions, peppers, cottage cheese | chicken & egg

Served with a house salad and French fries

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DELIGHTFUL EXPERIENCE FROM INDIA

Vegetarian Thali | 950

Hara Bhara Kebab
Paneer Butter Masala
Gobi Mutter Adraki
Aloo Nayantara
Lasooni Yellow Dal Tadka
Jeera Rice
2 pc Phulka | 1 Butter Garlic Naan | 1 Tandoori Roti
Gajar Badam Halwa

Chicken Thali | 1050

Murgh Tikka
Chicken Tikka Butter Masala
Gobi Mutter Adraki
Lasooni Yellow Dal Tadka
Jeera Rice
2 pc Phulka | 1 Butter Garlic Naan | 1 Tandoori Roti
Gajar Badam Halwa

Mutton Thali | 1350

Seekh Kebab
Mutton Rogan Josh
Gobi Mutter Adraki
Lasooni Yellow Dal Tadka
Jeera Rice
2 pc Phulka | 1 Butter Garlic Naan | 1 Tandoori Roti
Gajar Badam Halwa

Extra Portion

Paneer Tikka Masala | 225
Chicken Tikka Masala | 450
Mutton Rogan Josh | 550
Phulka | Naan | Roti | 120

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FLAVOURS OF THE INDIAN SUB-CONTINENT


1130 HRS TO 2230 HRS


Kebabs and More


 **Bhatti ka Jhinga | 1760**
Kcal - 460 Grams - 200
prawn rubbed with freshly ground
aromatic spices, cooked over glowing embers


 **Tandoori Himalayan Trout | 1980**
Kcal - 300 Grams - 325


 **Kasundi ki Mahi Tikka | 1680**
Kcal - 857 Grams - 250
a traditional fresh river fish marinated with East Indian spices,
mustard and cooked in clay oven

 **Tarkash ke Kebab | 1620**
Kcal - 744 Grams - 200
coarse lamb minced, aromatic spices skewered kebab from city of Nawab

 **Galouti Kebab | 1620**
Kcal - 800 Grams - 200
a signature aromatic lamb minced kebab of land of Nawab, shallow fried on tawa

 **Doodhiya Murgh Tikka | 1280**
Kcal - 750 Grams - 250
Mynt specialty boneless cubes of chicken in a creamy marinate finished over coal

 **Angara Murgh Tikka | 1280**
Kcal - 752 Grams - 250
chicken made with Kashmiri red chilli, curd and Indian aromatic spices

 **Mynt - Non Veg Kebab Platter | 1480**
Kcal - 784 Grams - 250
a signature non veg of Mynt - Mahi, Murgh, Mutton - 2 pcs each



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   **Khajuri Paneer Tikka | 1060**




Kcal - 426 Grams - 200

a chef signature dish - cottage cheese cubes, marinated with curd, stuffed with dates and secret masala & cooked in clay oven

   **Makhmali Tarkari Seekh | 1060**




Kcal - 549 Grams - 200

grated mix vegetables, cashewnuts, cooked on skewers

   **Bharwan Mushroom | 1060**



Kcal - 425 Grams - 180

stuffed with local cheese & cashewnut

   **Nagauri Tandoori Bharwan Aloo | 930**

Kcal - 726 Grams - 250

young potato stuffed with nuts, khoya & flavoured with local spices

  **Bhutte ke Kebab | 930**

Kcal - 511 Grams - 200

American sweet corn, innovatively prepared with secret spices

   **Dahi Ke Kebab | 930**

Kcal - 355 Grams - 200

cottage cheese, hung curd, garam masala patty

   **Hara Bhara Kebab | 810**

Kcal - 542 Grams - 180

shallow fried kebab of vegetables, green peas and spinach with aromatic spices

   **Mynt - Veg Kebab Platter | 1160**

Kcal - 454 Grams - 250

a signature kebab platter from Mynt - Khajuri, Bhutte, Mushroom - 2 pcs each



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INDIAN MAINS - Non Vegetarian

1130 HRS TO 2230 HRS

Kadhai Jhinge | 1780

Kcal - 452 Grams - 200

prawns cooked with onion, tomato, capsicum and coriander with a blend of spices

Laal Maas | 1560

Kcal - 860 Grams - 380

a vibrant, rich, decadent lamb preparation with hint of red chilli from royal kitchen of Rajasthan

Malabar Fish Curry | 1420

Kcal - 775 Grams - 300

a traditional creamy fish preparation with tamarind, coconut, mustard, chilli and curry leaves from Indian coastal region

Martaban ka Murgh | 1240

Kcal - 747 Grams - 350

homestyle chicken curry preparation from North India

Chicken Sukka | 1240

Kcal - 725 Grams - 300

Mangalorean style stir fried chicken with coconut and red chilli

Chicken Changezi | 1240

Kcal - 825 Grams - 350

roasted tandoori chicken cooked in very rich tomato, cashew nut, fenugreek base gravy - a street delicacy of old Delhi.

Keema Pav | 1380

kcal - 595 Grams - 300

pot roasted minced lamb served with pav

BIRYANI

Mynt Special Chicken Tikka Biryani | 1310

Kcal - 648 Grams - 600

marinated chicken morsels and rice cooked with chef's special sachet of spices

Dum Biryani - Vegetarian | Chicken | Lamb | 990 | 1180 | 1430

Kcal - 660 | 744 | 756 Grams - 600

fragrant basmati rice, saffron, brown onion, mint, choice of vegetables and cottage cheese, chicken or lamb, raita

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INDIAN MAINS - Vegetarian

1130 HRS TO 2230 HRS

   **Aap ki Pasand Paneer | 1180**



Kcal - 875 Grams - 350

Rajwadi | Kadhai | Bhurji | Makhni | Sirka pyaz
cottage cheese with different styles.

   **Malai Kofta | 1120**



Kcal - 825 Grams - 300

fried balls of potato and paneer in onion and creamy sauce

  **Pao Bhaji Fondue | 990**


kcal - 425 Grams - 300

Mumbai's specialty of multi vegetable preparation served with butter and toasted pav

  **Aap ki Pasand Palak | 1100**


kcal - 620 Grams - 300

choice of puree spinach, cooked with corn | mushroom | vegetables

 **Aap ki Pasand Aloo | 1100**

kcal - 488 Grams - 250

choice of potato, cooked with - gobi | jeera | capsicum | pyaz

 **Bhindi do Pyaza | 1100**

kcal - 460 Grams - 240

tangy lady finger tossed with onion and tomatoes

 Shabnam curry | 1100

kcal - 265 Grams - 300

a combination of mushroom and peas cooked in nutty gravy, hint of aromatic Indian spices

 Subz Meloni Handi | 930

kcal - 420 Grams - 325

assorted vegetables cooked with unique spices & onion, tomato



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INTERNATIONAL MAINS

1130 HRS TO 1430 HRS & 1830 HRS TO 2230 HRS

    **Cilantro Lime Grilled Salmon | 3180**





Kcal - 398 Grams - 300

cilantro lime sauce, sautéed exotic vegetables, mashed potatoes and cherry tomatoes

   **Rack of Lamb with Jalapeno Chimichurri | 2160**

Kcal - 865 Grams - 350

lamb chop tender, flavorful, and elevated with a mildly spicy and savory jalapeño chimichurri sauce and exotic vegetables

    **Roasted Gremolata Himalayan Trout | 1980**




Kcal - 225 Grams - 385

parsley potatoes, sautéed broccoli, sauce vierge

    **Valley Fish & Chips | 1480**




Kcal - 701 Grams - 255

battered and deep-fried fillet of fish served with French fries & tartar sauce

   **Confit Roasted Chicken Breast & Leg | 1520**


Kcal - 800 Grams - 400

red wine mushroom jus, sautéed broccoli, baby carrot, cherry tomatoes, mashed potatoes, green pea puree

   **Garlic and Herb Grilled Chicken | 1520**

Kcal - 725 Grams - 401

chicken breast marinate with olive oil, herbed, cooked red wine jus and served with mashed potato, pan fried vegetables

  **Char Grilled Vegetables | 1060**

Kcal - 325 Grams - 350

assorted vegetables seasoned with pesto and balsamic glaze

  **Truffle Scented Risotto | Mushroom | Chicken | Shrimp | 1060 | 1160 | 1220**

Kcal - 776 Grams - 385

cream, parmesan, cherry tomatoes & arugula lettuce truffle oil



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PASTA

1130 HRS TO 2230 HRS

   **Spaghetti Lamb Bolognese | 1680**



Kcal - 838 Grams - 350

lamb mince cooked with tomato sauce and parmesan cheese

   **Smoked Chicken Alfredo Penne | 1180**

Kcal - 844 Grams - 350

smoked chicken, parmesan, mushrooms, capers

   **Mynt Pasta Carbonara | 1180**

Kcal - 834 Grams - 300

choice of pasta cooked with egg yolk, parmesan, black pepper & bacon

   **Penne Arrabbiata | 1060**




Kcal - 844 Grams - 350

tomato sauce, fresh basil, garlic, chilli flakes

   **Fusilli Primavera | 1060**



Kcal - 975 Grams - 350

seasonal vegetables, pesto cream, parmesan

   **Mac and Cheese | 1060**

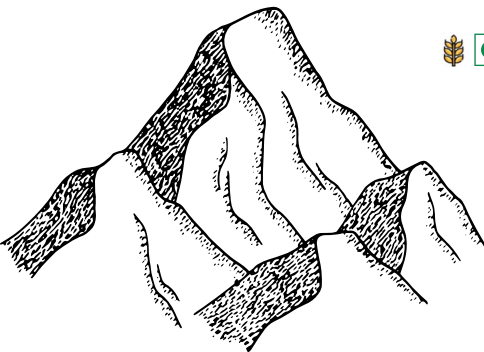
Kcal - 488 Grams - 300

rich cheese sauce, oven baked, crumb top

  **Spaghetti Aglio e Olio Peperoncino | 1060**

Kcal - 838 Grams - 300

extra virgin olive oil, parmesan and chilli pepper



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BISTRO STYLE PIZZA

   **Con Pollo Arrosto | 930**

Kcal - 1450 Grams - 550

roasted chicken, sundried tomato and olives

   **Mynt Chicken Tikka | 930**

Kcal - 1488 Grams - 550

chicken tikka, red onion, cilantro

   **Al Pepperoni | 930**




Kcal - 1515 Grams - 500

pork pepperoni and red onion

    **Nostromo | 1060**




Kcal - 1532 Grams - 500

air dried tomato, seafood, chilli flakes and golden garlic

   **Margherita | 780**




Kcal - 1250 Grams - 500

tomato and basil

   **Primavera | 840**

Kcal - 1337 Grams - 525




marinated spring vegetable

   **Valparaiso | 840**

Kcal - 1393 Grams - 525

bell peppers, corn, tomato, olives and jalapeno

Choose your extra toppings




   **Chicken Tikka | 150**

   **Roasted Chicken | 150**

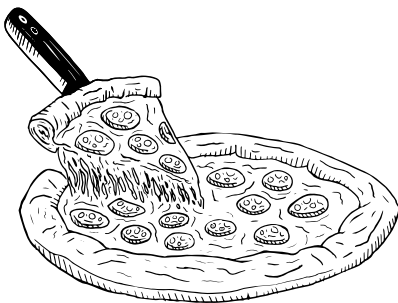
   **Pepperoni | 170**

    **Prawns | 220**

   **Olives | 60**

   **Jalapeno | 60**

   **Sun-Dried Tomato | 60**



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LOCAL FAVOURITES 1130 HRS TO 2230 HRS





   **Mutton Pakku | 1620**
kcal - 580 Grams - 250
local mutton pan-roasted with spices





   **Khasi ko Ledobedo | 1660**
Kcal - 600 Grams - 380
mutton curry marinated in home-made Nepali spices with onion, garlic & served with basmati rice




  **Newari Chicken Curry | 1180**
Kcal - 480 Grams - 400
chicken, local spices

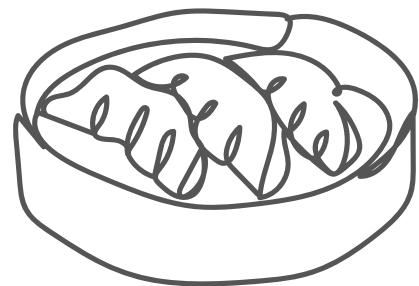
  **Kalo Dal Jimbu Jhaneko | 680**
Kcal - 362 Grams - 380
split black lentils, garlic, local spice tempering

   **Choila- Mushroom | Chicken | 680 | 810**
Kcal - 125 | 325 Grams - 300
sauteed with onions, coriander, green chilies, lemon, mustard oil and spices

    **Jhol Momos - Vegetable | Chicken | Buff | 620 | 870 | 870**
Kcal - 300 | 780 | 840 Grams - 350
local dumplings served steamed in a spicy coriander flavoured broth

    **Wai Wai Noodle Pot - Vegetable | Chicken | 620 | 750**
Kcal - 300 | 353 Grams - 400
soupy local wai wai noodles, choice of vegetarian or chicken

    **Momos - Vegetable | Chicken | Buff | 560 | 810 | 810**
Kcal - 300 | 780 | 840 Grams - 300
local dumplings served steamed with duo of dips



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SIDE DISHES

1130 HRS TO 2230 HRS

  **Khichdi | 930**

Kcal - 685 Grams - 450

one pot dish, rice, lentils, tempering, curd, ghee



  **Dal Makhani | 840**

Kcal - 948 Grams - 300

black lentils simmered overnight, cream, mild spices and butter

  **Sauteed or Steamed Local Vegetables | 750**

Kcal - 160 Grams - 250


  **Dal Aap ki Pasand | 680**

Kcal - 700 Grams - 300

ghar ki dal | chaunkwali dal | yellow dal
yellow lentils, tempered, cumin seeds, ghee



 **Steamed Basmati Rice | 560**

Kcal - 400 Grams - 450

 **Chili Butter Garlic | Butter Garlic Naan | 190**

Kcal - 308 | 300 Grams - 120

 **Indian Breads 150**

  Missi Roti Kcal - 438 Grams - 100

 Tawa Phulka Kcal - 287 Grams 100



  Kulcha-Aloo Kcal - 331 Grams - 150

  Kulcha-Onion Kcal - 299 Grams - 150

  Kulcha-Paneer Kcal - 384 Grams - 150

  Plain Naan Kcal - 254 Grams - 120

 Tandoori Roti Kcal - 241 Grams - 100

  Butter Tandoori Roti Kcal - 286 Grams - 100



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DESSERT

1130 HRS TO 2230 HRS

   **Apple Pie | 930**






Kcal - 530 Grams - 200

a double crusted pastry made from apple and flavoured from cinnamon

     **The Mynt Sundae | 930**

Kcal - 1200 Grams - 500

3 varieties of ice-creams, sauces, toppings and fruits

     **Chocolate Walnut Brownie | 810**

Kcal - 1054 Grams - 200

served with vanilla ice-cream

    **Baked Cheesecake | 810**

Kcal - 520 Grams - 200

served with blueberry compote

    **Chocolate Mousse | 810**

Kcal - 418 Grams - 200

a fluffy dessert prepared from cocoa, whipped cream

    **Tiramisu | 810**




Kcal - 1004 Grams - 200

a sweet creamy dessert of Italy consisting of mascarpone cheese, sugar, egg yolks, shavings of chocolate & cocoa are sprinkled on the top

    **Warm Gulab Jamun | 680**

Kcal - 831 Grams - 180

fried reduced milk dumplings, sugar syrup, nuts

   **Kesariya Phirni | 680**

Kcal - 156 Grams - 125

broken rice, thickened milk along with hints of saffron and nuts

   **Sikarni | 680**

Kcal - 234 Grams - 150

A Nepalese creamy yoghurt base dessert flavored with cardamom, nuts.

 **Selection of Ice-Creams | 560**

Vanilla | Chocolate | Strawberry | Butter Scotch



Common Allergens



Mollusca



Eggs



Fish



Lupin



Soya



Milk



Peanuts



Gluten



Crustaceans



Mustard



Nuts




Sesame




Celery



Sulphites

 *Vegetarian*

 *Non-vegetarian*

Kindly let your order taker know if you are allergic to any ingredients.

An average active adult requires 2000 kcal energy per day, however calories needs may vary.

Food without onion & garlic can be prepared on prior request.

The above prices are in Nepalese currency & inclusive of applicable taxes.