TAJ NADESAR PALACE VARANASI

As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI), an average active adult requires **2000 kcals** of energy per day. However, the actual calories needed may vary per person.



ALL DAY BREAKFAST

CHOICE OF FRESHLY SQUEEZED JUICES 166 kcal 300 ml Orange 150 kcal 300 ml Sweet lime 170 kcal 300 ml Watermelon 180 kcal 300 ml Pineapple	575
CHOICE OF FRESH CUT FRUIT PLATTER 144 kcal 350 gms Papaya, watermelon, honeydew, pineapple	925
CHOICE OF CEREALS Served with hot / cold milk 260 kcal 240 gms Corn flakes 289 kcal 240 gms Wheat flakes 262 kcal 240 gms Chocos 300 kcal 240 gms Muesli I A I A I A I A I A I A I A I A I A I A	925
BIRCHER MUESLI 724 kcal 275 gms Apple, carrot, raisin 💐 🗋 🐸	925
COUNTRY OATMEAL PORRIDGE 427 kcal 220 gms Dates, banana i 🔹 🐸	925
ALMOND AND RAISIN FRENCH TOAST 531 kcal 220 gms Served with maple syrup	975
PANCAKE 586 Kcal 220 gms Choice of banana, chocolate, berry	925
 EGGS TO ORDER 527 kcal 250 gms Choice of fried, boiled, scrambled, bhurji or omelette served with golden hash brown & choice of bacon or chicken sausage I ▲ I 	975
Vegetarian A Non-Vegetarian Vegan Kindly inform us if you are allergic to any food ingredients	
	 166 kcal 300 ml Orange 150 kcal 300 ml Sweet lime 170 kcal 300 ml Watermelon 180 kcal 300 ml Pineapple CHOICE OF FRESH CUT FRUIT PLATTER 144 kcal 350 gms Papaya, watermelon, honeydew, pineapple CHOICE OF CREALS Served with hot / cold milk 260 kcal 240 gms Corn flakes 289 kcal 240 gms Chocos 300 kcal 240 gms Chocos 300 kcal 240 gms Muesli A A A A BIRCHER MUESLI 724 kcal 275 gms Apple, carrot, raisin A A A A BIRCHER MUESLI 724 kcal 220 gms Dates, banana A A A A A A A A A A A A A A A A A A A A A A A A A A A A A A

List of Allergens: Milk 👖 Nuts 🥌 Gluten 🏶 Mustard 📢 Molluscs 🍩 Eggs 🍋 Fish 🕍 Lupin 🏚 Soya 🛷 Peanuts 🥜 Crustaceans 🙀 Sesame 🐦 Celery 🎤 Sulphites 📥



EGGS BENEDICT 610 kcal 190 gms Ham / smoked salmon 6 👔 🚑 🛊 🌤 🌶	975
BENARASI KACHORI BHAJI 301 kcal 325 gms Lentil stuffed whole wheat bread	975
CHURA MATAR 385 kcal 300 gms Flattened rice flakes tossed in spices 4 a	975
STUFFED PARATHA 699 kcal [320 gms] Aloo paratha, aloo pyaaz paratha, gobhi paratha or paneer paratha served with yoghurt & pickle () () () () () () () () () () () () () (975
IDLI 603 kcal 450 gms Steamed rice & lentil cakes, sambhar & assortment of chutneys	975
DOSA 600 kcal 425 gms Plain or masala, sambhar & assortment of chutneys	975

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SHARING PLATES & APPETISERS

MUSHROOM CAPPUCCINO SOUP	650
150 kcal 180 ml Truffle essence	
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BROCCOLI AND WALNUT SOUP	650
388 kcal 220 ml Cheddar crostini	
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MINESTRONE SOUP	675 / 650
219 kcal 220 ml Chicken / Vegetable	
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HARISSA MARINATED GRILLED PRAWNS	2100
492 kcal 280 gms Warm couscous salad	
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AJWAINI TAWA MACCHI	1700
691 kcal 200 gms River sole cooked on griddle	
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MURGH MALAI TIKKA	1600
970 kcal 250 gms Chicken, fresh cream, cashewnut	
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MUTTON GILAFI SEEKH KEBAB	1600
924 kcal 195 gms Goat mince, onion, spices	
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KASOORI PANEER TIKKA	1250
574 kcal 220 gms Cottage cheese, red chilli, yogurt marinade	
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PALAK AUR CHILGOZE KI SHAMMI	1200
436 kcal 220 gms Spinach, pinenut, yoghurt	
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TANDOORI BHARWAN ALOO	1200
401 kcal 225 gms Nuts, cottage cheese	
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STUFFED MUSHROOM CAPS	1200
301 kcal 180 gms Cheddar, jalapeno & scallion	
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💽 Vegetarian 🚺 Non-Vegetarian 🏹 Vegan	
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Lupin 🎄 Soya 🛷 Peanuts 🥜 Crustaceans 🚔 Sesame 🐦 Celery 🌽 Sulphites 丛



APPETISER

SALAD CAPRESE 440 kcal 250 gms Pesto Genovese	1250
CAESAR SALAD 468 kcal 220 gms Iceberg lettuce with choice of Chicken / bacon Seasonal vegetables	1350 1250
CHICKEN, PEPPERS AND BASIL SALAD 440 kcal 200 gms Cherry tomato, nachos 4 🕸 🐸 🌽	1350
MEZZE PLATTER 652 kcal 220 gms Hummus, babaganoush, tzatziki, marinated olives, pita bread 💐 🦤 🚵 🧻	1350
SMOKED SALMON ROSETTE 291 kcal 150 gms Caper cream cheese, red onion rings	1650

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SANDWICHES

NON-VEGETARIAN CLUB SANDWICH 1674 kcal 455 gms Bacon, lettuce, tomato, cheese, chicken, fried egg	1600
VEGETARIAN CLUB SANDWICH 1005 kcal 455 gms Coleslaw, cheese, lettuce, tomato, roasted bell pepper	1450
GRILLED CHICKEN SALAMI SANDWICH 680 kcal 280 gms Jalapeno, cheese # 🕹 i 😘 🛷	1550
MEDITERRANEAN STYLE FOCACCIA SANDWICH 512 kcal 280 gms Grilled vegetables, goat cheese i 🛊 🐓 🍕 🛷	1450
THYME CHICKEN BURGER 1107 kcal 325 gms Served with thousand island sauce 	1550
VEGETABLE BURGER 1068 kcal 325 gms Tandoori mayo, tomato, lettuce, cheese	1450

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GRILLS / PAN SEARED

PAN SEARED CHILEAN SEA BASS 745 kcal 380 gms Tomato couscous, morel butter >> 1 🕹 🔎 🛊	2350
NEW ZEALAND LAMB CHOPS 398 kcal 350 gms Garlic mashed potato, seasonal vegetables, red wine jus	2350
STUFFED CHICKEN BREAST 501 kcal 345 gms Spinach, mushroom, peppercorn jus	1975
GNOCCHI WITH TOMATO, OLIVES AND BROCCOLI 564 kcal 380 gms Pomodoro sauce	1875
CAJUN SPICED COTTAGE CHEESE STEAK 438 kcal 345 gms Tomato salsa, garlic bread	1875

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COMFORT FOOD

SAJU KISHMISH SAMOSA 609 kcal 245 gms Served with saunth chutney *	975
KHICHDI 392 kcal 380 gms Masala / plain i 🐞	1075
SUBZ DIWANI HANDI 368 kcal 415 gms Seasonal vegetables, tomato, onion	1275
LAHSUNI MOTIA PALAK 543 kcal 380 gms Spinach, corn kernel, garlic	1275
MATAR MUSHROOM CURRY 770 kcal 380 gms Button mushrooms, green peas, tomatoes	1275
MALAI KOFTA 1336 kcal 400 gms Milk dumplings, saffron gravy i 👹 📽	1275
KADHI PAKODA 1461 kcal 550 gms Served with steamed basmati rice i 🛊 🐐	1275
ROGANI GOSHT 979 kcal 415 gms Boneless goat meat, onion & tomatoes	1675
MURGH TARIWALA 645 kcal 415 gms Tomatoes, coriander & chillies i 👹	1675
CHICKEN BUTTER MASALA 693 kcal 425 gms Roast chicken, fenugreek leaves, rich tomato gravy i	1675
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BIRYANI	
Saffron flavoured basmati rice cooked on dum,	
served with raita	
721 kcal 380 gms Vegetable	1275
1177 kcal 430 gms Mutton	1375
1015 kcal 430 gms Chicken	1375
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PALAK PANEER	1275
617 kcal 400 gms Cottage cheese, spinach	
	1075
DAL MAKHANI 1650 kcal 410 gms Black lentils, butter & cream	1075
DAL TADKA	975
294 kcal 380 gms Yellow lentil, tomatoes & onion	
PENNE ALFREDO	1450
958 kcal 350 gms Chicken meatballs	
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FUSILLI AL-PESTO	1450
976 kcal 350 gms Pesto cream, seasonal vegetables	
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SPAGHETTI AGLIO OLIO PEPPERONCINO	1450
443 kcal 150 gms Olive oil, garlic, chilly flakes	1450
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MUSHROOM RISOTTO	1450
526 kcal 340 gms Truffle essence	
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RISOTTO CON GAMBERI	1975
656 kcal 340 gms Arborio rice, prawns, saffron	
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KASHI KI GALIYON SE

ALOO DUM BENARASI 1610 kcal 520 gms Served with tikona paratha i 🕸 😻	1275
SATTU PARATHA WITH CHOKHA 1094 kcal 325 gms Roasted gram flour stuffed 🛊 🆚 🧂	1275
NIMONA WADI 758 kcal 650 gms Served with ghee bhaat	1275
BHANTA KALOUNJI 761 kcal 360 gms Stir fried baby brinjal, served with paratha	1275
BENARASI BHAJIA 402 kcal 200 gms Onion, brinjal, cauliflower, chilies, potato & spin #	950 nach

CHAAT FROM THE BY-LANES OF KASHI

TAMATAR 398 kcal 180 gms Tomato, yogurt & spices	950
ΡΑΙΑΚ ΡΑΤΤΑ	950
309 kcal 180 gms Gram flour, spinach & yogurt	
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BREADS FROM TANDOOR

351 kcal 140 gms	Tandoori roti	225
599 kcal 140 gms	Laccha paratha	225
587 kcal 140 gms	Missi roti	225
525 kcal 140 gms	Naan	225
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STUFFED KULCHA		275
589 kcal 235 gms	Potato / paneer / onion or mix	
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BREADS FROM GRIDDLE

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TAWA ROTI / TAWA PARATHA 351 kcal 140 gms 🔹 🧴	275
 STEAMED BASMATI RICE 384 kcal 300 gms	650
PULAO 493 kcal 300 gms Green peas / cumin / mix vegetables	975

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DESSERTS

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CHOCOLATE WALNUT BROWNIE	975
730 kcal 160 gms Served with vanilla ice cream	
TIRAMISU 448 kcal 135 gms Mascarpone, coffee liqueur	975
BLUEBERRY CHEESE CAKE 261 kcal 140 gms Cream cheese, berry compote	975
GULAB JAMUN 1020 kcal 180 gms Cottage cheese dumplings, pistachio, saffron	975
THANDAI KULFI 273 kcal 120 gms Milk, saffron, nuts	975
BADAM KA HALWA 896 kcal 180 gms Topped with raisins	975
KESARI RASMALAI 338 kcal 165 gms Cottage cheese dumplings, saffron milk i 😂	975
KESARI PHIRNI (SUGAR FREE) 441 kcal 180 gms Saffron, coconut milk 🧉	975
SELECTION OF ICE-CREAM 274 kcal 120 gms	975

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BEVERAGES

CHOICE OF COFFEE	
90 kcal 150 ml Cappuccino	575
18 kcal 150 ml Americano	575
90 kcal 30 ml Espresso	575
384 KCAL 300 ml COLD COFFEE	675
CHOICE OF TEA 11 kcal 150 ml Readymade tea	575
150 ml English Breakfast / Darjeeling / Earl Grey / Green tea	575
332 kcal 300 ml CHOICE OF SMOOTHIE Banana, blueberry, papaya & green ₫ 🌡 😻 🐞	675
398 kcal 150 ml HOT CHOCOLATE Chocolate flavoured milk	675
384 kcal 300 ml CHOICE OF MILK SHAKE Chocolate, strawberry, vanilla	675
366 kcal 300 ml BENARASI LASSI Cardamom flavoured i 🍯	675
115 kcal ENERGY DRINK & SERVICES	575
SPARKLING WATER & SERVICES	575
100 kcal AERATED BEVERAGE & SERVICES	425
90 kcal 300 ml FRESH LIME SODA / WATER & SERVICES	425
PACKAGED DRINKING WATER & SERVICES	425
	90 kcal 150 ml Cappuccino 18 kcal 150 ml Americano 90 kcal 30 ml Espresso 384 KCAL 300 ml COLD COFFEE CHOICE OF TEA 11 kcal 150 ml Readymade tea 1 150 ml English Breakfast / Darjeeling / Earl Grey / Green tea 322 kcal 300 ml CHOICE OF SMOOTHIE Banana, blueberry, papaya & green 398 kcal 150 ml HOT CHOCOLATE Chocolate flavoured milk 366 kcal 300 ml CHOICE OF MILK SHAKE Chocolate, strawberry, vanilla 1 151 kcal ENERGY DRINK & SERVICES SPARKLING WATER & SERVICES SPARKLING WATER & SERVICES 90 kcal 300 ml FRESH LIME SODA / WATER & SERVICES

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