








SWIRL













BEVERAGES

Filter Coffee 202 Kcal 250 ml	300
	
Readymade Tea 108 Kcal 250 ml	300
	
Vanilla Milkshake 425 Kcal 300 ml	350
	
Sweet Lassi 436 Kcal 300 ml	300
	
Watermelon Juice 104 Kcal 300 ml	300













SALADS

 MESCLUN LETTUCE, CHEESE, BALSAMIC DRESSING	500
378 Kcal 150 Gms	
 	
 MELON AND FETA SALAD	500
252 Kcal 150 Gms	
	

SANDWICHES

 MEDITERRANEAN GRILLED VEGETABLE PANINI	500
1060 Kcal 170 Gms	
 	
 SUNDRIED TOMATO, BASIL AND MOZZARELLA GRILLED SANDWICH	500
1018 Kcal 260 Gms Mushroom, thyme	
 	
 CHILLE CHEESE OPEN SANDWICH	500
499 Kcal 220 Gms	
 	
 SEVEN SEED BREAD GRILLED CHICKEN AND CHEESE SANDWICH	600
499 Kcal 220 Gms	
 	

DESSERTS

 BAKED NEW YORK CHEESE CAKE	400
542 Kcal 200 gms	
  	
 SUGAR FREE PANA COTTA, BERRY COULIS	400
191 Kcal 160 gms	
	
 SINFUL CHOCOLATE BROWNIE	400
445 Kcal 160 gms	
 	
 DARK CHOCOLATE MOUSSE	400
535 Kcal 220 gms Dark chocolate, Egg, Sugar, cream	
 	



An average active adult requires 2000 kcal of energy per day, however, calorie need may vary

All prices are in Indian Rupees and Subject to Government taxes.

 Vegetarian  Non - Vegetarian