

The Vietnamese describe their country's geography as two rice baskets hung on a pole. Fitting really, that they should choose a culinary analogy, for this land has the world eating out of its hand. The most common ingredients in Vietnamese cuisine are fresh herbs, fruits, vegetables, rice, seafood, five base sauces-Soya-lime sauce, fish sauce, bean sauce, lemongrass sauce & ginger-lime sauce. Expat Vietnamese culinary Chef Duong brings the flavors of the country alive on your platter in the restaurant, responsible for introducing India to the delectable fare of Vietnam. Their creations within these pages burst at the seams with the authentic flavors & traditions of the land. Come journey vast & wonderful Vietnam via Blue Ginger.

Common Food Allergens

- 1 Milk
- 2 Egg
- 3 Peanut
- 4 Tree nut (cashew, walnut)
- 5 Fish
- 6 Shellfish
- 7 Fish Sauce
- 8 Soy
- 9 Wheat
- 10 Monosodium Glutamate (Ajinomoto)



- Vegetarian
- Non vegetarian or
- Containing egg

Dear Guest,

It is our endeavor to always take very special care of all our guests in our restaurants. If you or anyone in your group is allergic to any one of the mentioned common food allergens, please inform our associates before ordering your meal.

We would also like to inform you that all our menus are tran's fat free.

All prices are exclusive of taxes

Bon appétit

Vegetarian Tasting Menu

Rs 2400 per person

Spicy mushroom & bamboo shoot lemon grass soup
✓ Vegetables with lemon grass & chili
✓ Fresh rice paper roll with water chest nuts
✓ Raw papaya salad
✓ Egg plant, sweet potato, carrot & okra in yellow curry
✓ Wok tossed broccoli, water chestnuts & bamboo shoot in Saigon sauce

■ Stir fried greens & bean shoots with garlic

Vietnamese soft noodles with vegetables

Steamed jasmine rice

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Meat & Poultry Tasting Menu

Rs 3500 per person

Chicken & corn soup



- Fresh rice paper roll with roasted duck
- Grilled chicken flavoured with lime leaf
 - Salad of grilled chicken



- Vietnamese chicken red curry
- Stir fried lamb with sate sauce
- Stir fried greens & bean shoots with garlic
- Vietnamese soft noodles with vegetables
 - Steamed jasmine rice



Poultry, Meat & Sea food Tasting Menu

Rs 4500 per person Prawn lemon grass chili soup

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- Grilled lamb chops with sesame barbeque
- Classical Hanoi grilled fish with dill & fresh turmeric
 - Raw mango salad

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- Vietnamese prawns red curry
- Stir fried chicken with lemon grass & chili
- Stir fried greens & bean shoots with garlic
- Vietnamese soft noodles with vegetables
 - Steamed jasmine rice

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Sea food Tasting Menu

Rs 5500 per person

• Asparagus & crab meat soup with cilantro



- Grilled prawns with lemon grass & chili
 - Wok tossed calamari butter garlic
 - Raw mango salad



- Stir fried lobster with black pepper
 - Vietnamese fish red curry
- Stir fried greens & bean shoots with garlic
- Vietnamese soft noodles with vegetables
 - Steamed jasmine rice



Appetizers

Wok tossed classical Hanoi corn cake	800
● Vegetables with lemon grass & chili	800
● Wok tossed tofu with sesame & chili	800
Wok tossed lotus stem butter garlic	800
• Fried spring rolls with water chestnuts & bamboo shoot served with	800
classical accompaniments	

Appetizers

Fried prawns with sesame on sticks	1100
● Wok tossed calamari butter garlic	1100
Grilled lamb chops with sesame barbeque	1100
● Grilled tenderloin with lemon grass & chili	850
■ Minced tenderloin on lemon grass stick	850
■ Grilled chicken flavoured with lime leaf	900
● Mint & Chili flavoured chicken spring rolls served with	
classical accompaniments	

Cold summer Rolls

■ Fresh rice paper roll with water chest nuts	800
■ Fresh rice paper roll with asparagus & shitake mushrooms	800
● Fresh rice paper roll with fried prawns	1100
Fresh rice paper roll with roasted duck	950
Fresh rice paper roll with grilled chicken	950

Raw papaya salad	550
Raw mango salad	550
Spicy seafood salad	950
■ Salad of grilled chicken	950

Salads

Asparagus & haricot soup	500
Spicy mushroom & bamboo shoot lemon grass soup	475
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● Asparagus & crab meat soup with cilantro	700
Prawn lemon grass chili soup	700
Chicken & corn soup	700

Soups

Phở

(Rice noodle Soup meal)

Phổ derived from a French word 'feu' literally meaning fire, is an aromatic rice noodle soup from North Vietnam & is served with traditional classical accompaniments of basil, lime, bean shoots & chili peppers which is added to the soup by the diner

• Prawn	1150
• Tenderloin	1050
• Chicken	1050
Vegetable	950

Vietnamese Bento Meals

(For single diners)

Vegetable	2200
Meat & Poultry	2700
Seafood	3800

Vietnamese Grills

■ Grilled assorted vegetables in Saigon sauce	1050
● Grilled New Zealand lamb chops with hoisin sauce	2500
● Grilled prawns with lemon grass & chili	2100
Grilled salmon with dill & lemon	2100
Classical Hanoi grilled fish with dill & fresh turmeric	1750
■ Grilled tenderloin with sesame & tamarind	1550
● Grilled chicken with basil & five spice	1550

Main Course

■ Stir fried straw mushrooms, squash & bottle gourd in sate sauce	1100
■ Stir fried asparagus & bean shoots in sesame lemon grass & chili	1100
Wok tossed haricot black bean	1100
Wok tossed okra, eggplant & potato in hot bean sauce	1100
Stir fried greens & bean shoots with garlic	1100
 Trio of mushrooms with crushed pepper 	1100
Wok tossed broccoli, water chestnuts & bamboo shoot	1100
in Saigon sauce	
Grilled egg plant with scallion sauce	1100
Mix vegetables yellow curry	1100
■ Silken tofu & water chestnuts curry	1100
Steamed silken tofu on a bed of bok choy topped with	1100
mushroom sauce	

Main Course

■ Steamed Chilean sea bass with choice of:	
black bean sauce / coriander, lemon grass & chili	2700
■ Stir fried lobster with bell peppers & crushed chili	2500
■ Stir fried lobster with black pepper	2500
• Wok tossed scallops, shitake mushrooms & bok choy	2200
Wok tossed scallops & asparagus with crushed pepper	2200
■ Stir fried prawns with basil & lime leaf	2000
■ Stir fried prawns with dry shrimps, mushrooms & celery	2000
■ Stir fried prawns with tamarind chili	2000
● Vietnamese prawns yellow curry	2000
• Steamed jumbo prawns topped with cold spicy cilantro fish sauce	2000
Steamed whole fish with choice of:	
black bean sauce / coriander, lemon grass & chili sauce	
■ Stir fried fish with sate sauce	2000
Crispy fried fish Nha Trang Style	2000

Main Course

● Vietnamese style roasted duck served with classical accompaniments	2700
● Stir fried lamb with basil & fish sauce	1550
Stir fried lamb with sate sauce	1550
Shaking tenderloin	1550
● Wok tossed tenderloin with bamboo shoot in Saigon sauce	1550
Wok tossed pork with chili plum sauce	1550
● Wok tossed pork with dry shrimps	1550
• Grilled chicken on a bed of bok choy topped with mushroom sauce	1550
● Stir fried chicken with asparagus & shitake mushrooms	1550
● Stir fried chicken with lemon grass & chili	1550
Grilled eggplant with minced chicken	1550
● Vietnamese chicken red curry	1550
● Vietnamese chicken yellow curry with sweet potatoes & egg plant	1550

Noodles & Rice

•	Vietnamese soft noodles with a choice of:	
	Vegetables / chicken/ Prawns	700
•	Stir fried rice noodle with	
	bok choy, baby carrot & mushroom with choice:	
	Vegetables / chicken/ tenderloin / Prawns	700
	Pan fried noodles with a choice of:	
	Vegetables / chicken/ tenderloin / Prawns	700
	Steamed jasmine rice with tofu & bok choy with a choice of:	
	Vegetables / chicken/ tenderloin / Prawns	650
•	Stir fried rice with a choice of	
	Vegetables/ chicken / Prawns / crab meat	700
•	Steamed jasmine rice tossed with dry shrimps	700
•	Steamed jasmine rice	700

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