

TIORI

BREAKFAST (07 am to 11 am)

■ Cut Fruit Platter 183 kcal 340 gms	565
■ Cereals Cornflakes, Chocos, All Bran, Wheat Flakes 270 kcal 60 gms Cornflakes, Chocos, All Bran or Wheat Flakes served with your choice of milk	565
■ Oatmeal Porridge 275 kcal 250 gms	565
■ Bircher Muesli 722 kcal 260 gms rolled oats, honey, yoghurt, dried fruits and grated apple	565
■ Golden Waffle 471 kcal 225 gms maple syrup, fruits and whipped cream	625
■ Pancake 425.6 kcal 235 gms maple syrup, fruits and whipped cream	625
■ Steamed Idli 307.5 kcal 430 gms served with coconut chutney and sambhar 129 kcal	625
■ Medu Wada 384.5 kcal 440 gms served with coconut chutney and sambhar	625
■ Dosa 510 gms plain (224 kcal), masala (453 kcal) or Mysore (468 kcal) served with coconut chutney and sambhar	675
■ Uttapam 364.5 kcal 510 gms plain or masala served with coconut chutney and sambhar	675
■ Paratha 460 gms aloo (547 kcal), paneer (744 kcal) or gobi (490 kcal) served with yogurt and pickle	675
■ Poori Bhaji 625 kcal 510 gms potato curry with deep fried breads	675
■ Kande Pohe 393 kcal 435 gms flattened rice, tempered onions and peanuts	675
■ Eggs To Order 435 kcal 240 gms boiled, poached, scrambled, omelette or fried	675
■ Eggs Benedict 549 kcal 300 gms English muffin, cooked ham, poached egg, hollandaise sauce	725
■ Akuri On Toast 435 kcal 360 gms Parsi style scrambled eggs	725
■ Bakers Basket 194 kcal 235 gms assortment of croissant, Danish and muffins	565

SALADS

■ Guac Hummus Vegan Protein Bowl 895 guacamole and hummus with sprouts, quinoa and citrus segments finished with roasted nuts and pear compote 487 kcal 380 gms	895
■ Low Carb Pesto Chicken Protein Bowl 945 pesto chicken, egg whites, avocados, sprouts, greens and hummus 558 kcal 430 gms	945

■ Citrus Quinoa, Rocket and Feta 895 fig compote, balsamic drizzle 568 kcal 250 gms	895
■ Smoked Salmon Tartare 337 kcal avocado, English cucumber, cream cheese, bagel crisp 230 gms	995
■ Young Spinach and Beetroot Salad, Feta 895 151 kcal 280 gms feta cheese, walnuts in honey lime vinaigrette	895

SOUP

■ Truffle Scented Wild Mushroom Soup 308 kcal	625
■ Roasted Roma Tomato Soup 225 kcal	625
■ Bhuni Mirch Makai Ka shorba 294 kcal	625
■ Smoked Chicken with Orzo Pasta 106 kcal	655
■ Thai Lemon Coriander Soup veg/chicken 28 kcal	625
■ Seafood Bisque 127 kcal	695

SHARING PLATES AND STARTERS

■ Paneer Tikka 570 kcal 420 gms choice of classic, haldi mirch or cheese malai	895
■ Chicken Tikka 447 kcal 360 gms choice of classic, haldi mirch or cheese malai	925
■ Ajwaini Mahi Tikka 358.8 kcal 390 gms fish kebab, caraway flavour	925
■ Barbequed Habanero Chicken Wings 975 kcal 420 gms sweet potato poutine	925
■ Cocktail Cream Cheese Baby Naan 798 kcal 220 gms	875
■ Mexican Platter 573/788 kcal 325 gms	995
■ Glazed Nachos 450gms refried beans, melted cheese, jalapenos, tomato salsa and sour cream 857/1000 kcal	845
■ Dahi Chilgoze Ke Kebab 549 kcal spiced yoghurt galettes, pine nuts 250 gms	895
■ Cheese Chilli Toast 856 kcal 95 gms	845
■ Laal Mirch ka Jhinga 467 kcal 380 gms spiced tandoori prawns	1050
■ Gilafi Seekh kebab 456 kcal 300 gms skewered lamb mince kebab	995
■ Dahi Puri 433 kcal 230 gms puffed canape, spiced potato, yoghurt tamarind and mint chutney	595
■ Aloo Tikki Chole 557 kcal 650 gms potato patty, chickpea curry, tamarind and mint chutney	695
■ Sev Papadi Chaat 347 kcal 300 gms spiced potato mash, tamarind & mint chutney	595

SANDWICHES, BURGERS AND WRAPS

served with fries and pickled vegetables

■ Double Lamb Burger 1724 kcal 480 gms English cheddar, brioche bun	995
■ Crispy Chicken firecracker 838.4 kcal crispy chicken, farmer bread, spicy sauce 610 gms	895
■ Cajun Chicken Burger 1477 kcal 410 gms chicken patty with cajun spices	895
■ Spicy Tex Mex 1283 kcal 580 gms kidney bean patty, Emmenthal, salsa and fajita mayo	895
■ Vegetable cheese Burger 735 kcal 560 gms English cheddar cheese, BBQ sauce	895
■ Plant Protein & Kidneybean Mexican Wrap 766 kcal 570 gms refried beans, guacamole	895
■ Chipotle Chicken Sandwich 419 kcal chipotle chicken, chicken loyenner, corn meal bread 450 gms	895
■ ALT 966 kcal 395 gms avocado, lettuce and tomato in multigrain bread	895
■ Caprese Focaccia 912 kcal 450 gms bocconcini, tomato, lettuce and pesto drizzle	895
■ Classic Club 490 gms grilled chicken, ham, bacon, tomatoes, fried egg, romaine 1542/1871 kcal	1050/1150
■ Mumbai Style Masala Toasty sandwich 895 spiced potatoes, cheese & chutney 1101 kcal 590 gms	895
■ French Fries 830 kcal 420 gms piri piri, truffle	545
■ Indian Kathi Wrap 630 gms	1045

Choice of wrap: roomali roti or whole wheat

Choice of filling: paneer tikka (900 kcal), chicken tikka (924 kcal) or lamb galouti (957 kcal)

MUMBAI INSPIRED

■ Bharaleli Wangi With Bhakari 475 kcal traditional Maharashtrian spiced stuffed brinjal, served with rice bhakari 680 gms	1195
■ Pao Bhaji 572 kcal 500 gms mashed vegetable curry served with buttered pao bread	995
■ Misal Pao 825 kcal 600 gms spicy lentil curry, savory toppings, pao bread	1195
■ Colaba Inspired Green Masala Keema Pao 1295 minced meat, fried egg and butter pao bread 717 kcal 500 gms	1295
■ Salli Boti Maska Pao 1170 kcal 680 gms lamb curry, crispy bread potatoes, pao bread	1295

- **Sprout Usal with Ragi Pancake** 🌱 545 kcal | 1195
lentils sprouts with millet pancake | 420 gms
- **Kombadi Wade** ★ 430 kcal | 660 gms 1245
Maharashtrian specialty; chicken curry with fried multi grain bread
- **Weekend Egg & Chicken Masala with Maska Pao** 🍳 512 kcal | 420 gms 1195
duo of chicken and egg with spiced curry, buttered pao bread
- **Mumbai Tawa Pulao** 🍚 499 kcal | 610 gms 1245
spiced Basmati rice - choice of vegetable or chicken

INDIAN MAINS.....

- **Home Style Chicken or Egg Curry** 🍲 1195
choice of chicken or egg in tomato based curry
Chicken Curry | 327 kcal or **Egg Curry** | 373 kcal/550 gms
- **Butter Chicken** ★ 654 kcal | 540 gms 1195
clay oven finished chicken in Indian spiced tomato and butter curry
- **Teen Mirch ka Jhinga** 🌶️ 348 kcal | 530 gms 1345
prawn preparation, three coloured peppers
- **Awadhi Mutton Korma** 🍲 447 kcal | 524 gms 1295
lamb in cashew based gravy
- **Rogan Gosht** 1178 kcal | 560 gms 1295
tender lamb curry cooked with Indian spices
- **Malabari Chicken Curry** 🍲 603 kcal | 550 gms 1195
roasted spice curry, coconut milk
- **Paneer Tikka Masala** 🍲 823 kcal | 450 gms 1095
char-grilled paneer in onion tomato gravy
- **Pindi Chole** 🍲 331 kcal | 450 gms 1095
chick pea cooked with onion tomato masala and roasted spices
- **Dil Khush Aloo** 🍲 254 kcal | 450 gms 1095
tempered potatoes with choice of mutter, hara pyaaz or gobi
- **Palak Aap ki Pasand** 🍲 570 gms 1095
tempered spinach with garlic, | 209 kcal
choice of paneer or corn | 450 kcal
- **Vilayati Handi Diwani** 🍲 223 kcal | 550 gms 1095
exotic vegetables tossed in Indian gravy
- **Dal Makhani** ★ 854 kcal | 450 gms 995
creamy kidney bean and lentil preparation
- **Dal Tadka** 🍲 561 kcal | 450 gms 895
tempered lentil preparation
- **Murgh or Gosht Biryani** ★ 729 kcal / 768 kcal 1295
aromatic Basmati rice with choice of chicken or lamb served with mirchi ka salan and raita | 750 gms
- **Subz Dum Biryani** 🍲 745 kcal | 550 gms 1245
aromatic Basmati rice, vegetables with mirchi ka salan and raita
- **Allepy fish curry** 🐟 727 kcal | 530 gms 1295
fish curry from malabar coast, with raw mango and coconut
- **Khichdi** 🍲 450 gms 995
choice of plain (395 kcal), masala (399 kcal), mutton kheema (466 kcal) or chicken tikka (430 kcal)

- **Multigrain Khichdi** 🍲 990 kcal | 450 gms 1050
- **Steamed Rice** 535 kcal | 300 gms 455
- **Curd Rice** 🍲 489 kcal | 420 gms 695
- **Indian Breads** 🍞 140 gms 225
choice of naan (270 kcal), tandoori roti (280 kcal), missi roti (230 kcal), laccha paratha (285 kcal) or Malabari paratha (420 kcal)
- **Special Indian Breads** 🍞 160 gms 275
choice of mutter roti (341 kcal), three chili roti or olive (449 kcal) and jalapeño roti (354 kcal)

WESTERN MAINS.....

- **Mushroom Risotto** ★ 725 kcal | 600 gms 1195
arborio rice, mushroom ragout, parmesan shavings
- **Super Green Risotto** 🌱 678 kcal | 600 gms 1195
risotto tossed with pine nut, edamame asparagus and pesto
- **Pasta Your Way** 🍝 530 gms 1195
choice of pasta : spaghetti , penne or fusilli
choice of sauces : aglio e olio (807 kcal), alfredo (616 kcal), arabiatta (673 cal) or pesto (590 cal)
choice of topping : vegetables or chicken
- **Spaghetti Meatball or Bolognese** 🍝 1295
spaghetti tossed in tomato sauce with lamb 819 kcal | 520 gms
- **Wild Mushroom Ravioli** 🍝 458 kcal | 380 gms 1195
parmesan cream sauce
- **Quinoa Topped Mushroom Tart** 🍷 410 gms 1195
assorted mushroom ragout tart, herbed quinoa | 665 kcal
- **Jerk Spiced Grilled Chicken** ★ 1095
balsamic glazed vegetables, piri piri olive mash, seasoned barley, shallot and jerk sauce, plantain chips 715 kcal | 400 gms
- **Mushroom Stuffed Chicken Breast** 🍷 1095
mushroom and cheese stuffed chicken breast mashed potato, vegetables, jus | 842 kcal | 450 gms
- **Crumb Fried Fish and Chips** ★ 688 kcal 1095
mashed peas, tarter sauce, malt vinegar | 500 gms
- **Scottish Salmon** 🐟 462 kcal | 490 gms 1495
chive mash, asparagus spears, caper lemon beurre blanc
- **Australian Lamb Chop** 🍖 470 kcal | 450 gms 1595
ratatouille, charred broccoli, pepper jus
- **Shepherd's Pie** 🍲 425 kcal | 550 gms 1295
Scottish classic baked minced lamb pie
- **Bunny Chow** 🍲 861 kcal | 580 gms 1295
bread loaf loaded with spiced chicken curry
- **Bibimbap** 🍲 715 kcal | 480 gms 1295
Korean style meal in a bowl with rice, sautéed seasonal vegetables topped with kimchi, chili pepper
- **Basque Style John Dorry** 🐟 1295
sauce seared cod fillet with char grilled asparagus, lemon butter | 238 kcal | 370 gms

DESSERTS.....

- **Flourless Almond & Orange Cake** 🍰 695
chocolate almond cake with orange zest 645 kcal | 220 gms
- **Carrot Cake with Cream Cheese Frosting** 🍰 695
a rich cake with carrot and walnut frosted with cream cheese | 577 kcal | 250 gms
- **Tiramisu** 🍰 704 kcal | 265 gms 695
an Italian classic
- **Baked Cheesecake** 🍰 538.7 kcal | 250 gms 695
served with fresh fruits and roasted nuts
- **Fudgy Brownie** 🍰 645 kcal | 240 gms 695
served hot with vanilla ice cream
- **Pecan pie** 🍰 610 kcal | 250 gms 695
pecan nut pie
- **Vegan banana & peanut cake** 🍰 695
a healthy cake made with peanut placed on banana | 577.5 kcal | 300 gms
- **Karupati Kapi Tart** 🍰 468 kcal | 200 gms 695
South Indian coffee inspired chocolate tart
- **Choice of Ice-Cream** 🍦 454 kcal | 120 gms 695

COLD BEVERAGES.....

- **Freshly Squeezed Fruit Juice** 250 kcal | 250 ml 425
- **Freshly Squeezed Vegetable Juice** 100 kcal | 250 ml 425
- **Coconut Water** 50 kcal | 250 ml 425
- **Cold Coffee with Ice Cream** 🍷 343 kcal | 250 ml 495
- **Choice of Smoothie** 🍷 307 kcal | 250 ml 495
- **Lassi or Chaas** 🍷 231 kcal / 117 kcal | 250 ml 425
- **Choice of Milkshake** 🍷 250 ml 495
chocolate (454 kcal) strawberry (495 kcal) butterscotch (206 kcal)
- **Iced Tea** 93 kcal | 250 ml 425

HOT BEVERAGES.....

- **Hot Chocolate** 🍷 91.48 kcal | 100 ml 375
- **Tea** 4.76 kcal | 100 ml 375
choice of Assam, Darjeeling, English Breakfast, Green or Chamomile
- **Italian Coffee** 🍷 37.68 kcal | 100 ml 395
choice of espresso, cappuccino, latte, macchiato or Americano
- **With Flavor Addition** (of 30 kcal) 425
choice of hazelnut, vanilla, caramel
- **South Indian Filter Coffee** 🍷 150 kcal | 100-200 ml 425

🌱 Indicates Vegetarian. 🍷 Indicates Non Vegetarian.
 🍷 Lactose 🍷 Gluten 🍷 Nuts 🍷 Celery 🍷 Mustard 🍷 Sesame 🍷 Fish 🍷 Eggs 🍷 Peanuts 🍷 Molluscs 🍷 Soy 🍷 Sulphites 🍷 Crustaceans 🍷 Lupin
 All dishes marked with ★ are signature dishes and ★ are favorites. Please inform our associate in case of any allergies/ intolerances and restrictions.
 All prices are in Indian rupees and Government taxes as applicable
 "An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary"