Quilon prides itself on offering the very best in south west coastal Indian. Here you will find an exquisite range of contemporary and healthy dishes that are created with flair, style and a deep respect for ingredients. Seafood is central but our menu also includes equally outstanding meat and vegetable choices.

To fully appreciate the depth and breadth of our unique offering, we would encourage you to share dishes with your fellow diners.

If you prefer, our chef would be delighted to plan a tasting menu tailor-made to your requirements.

# **STARTERS**

## Quilon salad

heirloom tomatoes, baby gem, watermelon, squash, avocado, fennel and micro herbs with curry leaves, goji berry dressing and balsamic glaze **s** 

Artichoke, broccoli and beetroot chop mango, mint and plum sauce G

Mini masala dosa rice and lentil pancake filled with tempered potatoes and vegetables, served with sambhar **MUS** 

\*Cauliflower chilli fry (gobi kempu bezule) crispy fried cauliflower tossed with yogurt, green chilli and curry leaves **D E** 

Lobster broth flavoured with coriander and hint of coconut cream c

Mango ginger chicken chicken fillet with ground spices, mango ginger, cooked over a griddle **D** 

\*Kothu lamb marinated lamb with onion, chilli, ginger and tomatoes cut on a very hot griddle

#### Fish peera

Seasonal fish cooked with button onions, green chilli, ginger and crumb fried GFE

#### Almond chicken

chicken cubes marinated with ground almond, chilli, and cooked over griddle N

Crab cakes

claw meat with curry leaves, ginger, green chillies and cooked on a skillet G C MUS

Char-grilled scallops with pawpaw, poppy seeds and chilli relish **c** 

Karvari oyster chilli onion chutney **c g** 

Fisherman's catch pepper shrimp, crab cake, fish cafreal and grilled scallop GECMF

# We have a no tipping policy

# **MAIN COURSES**

## **SEAFOOD**

Seafood moilee cubes of halibut, prawns and cubes of potato gently poached in a moilee sauce **C F** 

Baked black cod subtly spiced, chunks of cod baked F

\*Prawn masala prawns marinated and cooked with onion tomato, mustard, curry leaves and coconut masala **C MUS** 

Lobster butter pepper fresh lobster cooked with butter pepper and garlic **c g p** 

Lemon sole cafreal lemon sole marinated with goan spices and herbs; pan-fried **F** 

Stone bass seared with spices shallots and tomato F

Quilon fish curry cubes of halibut simmered in coconut, chilli, and raw mango sauce F

\*Pink pepper chilli prawn prawn char-grilled with ground pink peppercorn and byadgi chilli c

\*Crispy fried squid with samphire and chilli c

## LAMB

Braised lamb shank slow cooked with freshly ground herbs, spices and chillies **D** 

Malabar lamb biryani lamb cooked with traditional malabar spices in a sealed pot, with basmati rice **D** 

# We have a no tipping policy

#### **GAME/CHICKEN**

Pan-fried english duck breast kasundi coconut cream sauce MUS D

Stuffed quail legs quail mince, chilli, ginger, brown onion and spices, roasted and served with mustard **mus** 

\*Manglorean chicken (kori gassi) succulent pieces of chicken cooked in finely ground fresh coconut with spices

Venison chilli fry strips of venison fillet tossed with onion, chilli and curry leaves

\*Chicken roast corn fed free range chicken morsels marinated with spices and amaranth leaves and roasted

### VEGETARIAN

Crispy okra thinly sliced okra, batter fried, tossed in onion, tomato and crushed pepper **E** 

Potato cauliflower with sesame and coconut potato and cauliflower florets cooked with onion, tomato and roasted spices ses

Spinach poriyal shredded fresh spinach cooked with mustard seeds and freshly grated coconut **MUS** 

Fresh mixed sprouts, cannelloni and long beans with shallots, curry leaves

\*Two type aubergine baby stuffed aubergine masala/mashed baby aubergine with spices **ses** 

Coconut with asparagus and snow peas sautéed with mustard seeds, curry leaves, green chillies and grated coconut **MUS** 

\*Cottage cheese, soya chunks and coloured peppers cooked with brown onion, tomato, raw mango and spices **D** SOY

\*Chickpeas masala chickpeas cooked in a special blend of aromatic spices

Mango curry

fresh ripe mango cooked along with yoghurt, green chillies and tempered with mustard seeds and curry leaves **D** MUS

Raw jack fruit pulao D

# We have a no tipping policy

# **ACCOMPANIMENTS**

### Fluffy steamed rice

Lemon rice basmati rice tossed in lemon juice, curry leaves, split bengal gram and pure ghee N D MUS

Tomato rice basmati rice cooked with tomato, onion, chilli and mint **MUS** 

Malabar paratha soft refined flour dough beaten to thin sheet and folded to form layered bread, cooked on a skillet with pure ghee **GDE** 

Egg paratha whole wheat layered bread topped with beaten egg and cooked on a skillet **G E** 

Tawa paratha whole wheat layered bread cooked on skillet **G** 

Okra pachadi fried okras mixed with yoghurt, ground coconut, cumin seeds and mustard D MUS

Pachadi

pineapple and pomegranate mixed with yoghurt, ground coconut, cumin seeds and mustard **D** MUS

Plain yoghurt D

# We have a no tipping policy

## SEAFOOD TASTING MENU

#### (for the whole table)

Lobster broth flavoured with coriander and hint of coconut cream **c** 

fisherman's catch pepper shrimp, crab cake, fish cafreal and grilled scallop **G E C M FL** 

baked black cod subtly spiced, chunks of cod baked **F** 

lobster butter pepper fresh lobster cooked with butter pepper and garlic **C G D** 

\*prawn masala prawn marinated and cooked with onion tomato, mustard, curry leaves and coconut masala смиs

#### malabar paratha

soft refined flour dough beaten to thin sheet and folded to form layered bread, cooked on a skillet with pure ghee **G D E** 

seafood biryani fish and shrimp cooked with herbs and spices with basmati rice in a sealed pot accompanied with fruit pacahdi **c F** 

quilon fish curry F

coconut with asparagus and snow peas sauteed with mustard seeds, curry leaves, green chillies and grated coconut **MUS** seasame okra **SES E** 

choice of dessert tea/coffee

# VEGETARIAN TASTING MENU (for the whole table)

broccoli and artichoke chop plum and mint sauce **G** mini masala dosa rice and lentil pancake filled with tempered potatoes and vegetables, served with sambhar **MUS** 

beetroot chop mango sauce **G** 

cottage cheese, soya chunks and coloured peppers cooked with brown onion, tomato, raw mango and spices **D** soy chickpeas masala chickpeas cooked in a special blend of aromatic spices malabar paratha soft refined flour dough beaten to thin sheet and folded to form layered bread, cooked on a skillet with pure ghee **G D E** 

raw jack fruit pulao D

raw jackfruit, lentil dumplings with herbs and spices cooked with basmati rice D

potato cauliflower with sesame and coconut potato and cauliflower florets cooked with onion, tomato and roasted spices ses coconut with asparagus and snow peas sautéed with mustard seeds, curry leaves, green chillies and grated coconut

MUS

choice of desserts

tea/coffee

## NON-VEGETARIAN TASTING MENU (for the whole table)

broccoli and beetroot chop plum and mango sauce **G** crab cake claw meat tossed with curry leaves, ginger, green chillies and cooked on a skillet **G C** 

prawn masala prawn marinated and cooked with onion, mustard and tomato masala **c MUS** 

lemon sole cafreal lemon sole marinated with goan spices and herbs; pan-fried

malabar paratha soft refined flour dough beaten to thin sheet and folded to form layered bread, cooked on a skillet with pure ghee **G D E** 

malabar lamb biryani lamb cooked with traditional malabar spices in a sealed pot, with basmati rice **D** mangalorean chicken

succulent pieces of chicken cooked in finely ground spices

coconut with asparagus and snow peas sautéed with mustard seeds, curry leaves, green chillies and grated coconut MUS

choice of desserts

tea/coffee