










***As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI) an average active adult requires 2000kcal` of energy per day. However, the actual calories needed may vary per person.***











**Scan QR to know nutritional value of each dish**

## Appetizers

	<b>Tender coconut Mojito</b>	500
	273kcal/285gm Tender coconut water, lemon, mint leaves and honey	
	<b>Raw mango and coconut chat</b>	600
	380kcal/250gm Raw mangoes and grated coconut tossed in sweet and sour tamarind sauce	
	<b>Podimeen varuthathu</b>  	900
	609kcal/190gm Masala coated deep fried local whitebait	
	<b>Kozhi chuttathu</b> 	900
	470kcal/200gm Masala coated chicken morsels, a deep fried local delicacy	
	<b>Chuttirachi</b> 	950
	370kcal/200gm Pot roasted tenderloin with pounded kerala spices and coconut slivers	

## Meen pollichathu

Fish marinated with freshly ground masala, wrapped in banana leaves and grilled

	590kcal/240gm <b>Karimeen (pearl spot)</b> 	1100
	590kcal/210gm <b>Naimeen (king fish darne)</b> 	1000
	572kcal/200gm <b>Mahi mahi</b> 	900
	590kcal/240gm <b>Pomfret</b> 	1100















*If you are allergic to any food Ingredients kindly inform the order taker.*

*All prices are in Indian Rupees and are subject to Government Taxes CGST 9% & SGST 9%*

## Meen porichathu

Fish marinated with freshly ground masala, deep fried or grilled

 590kcal/240gm	Karimeen porichathu (pearl spot)		1100
 590kcal/210gm	Naimeen (king fish darne)		1000
 572kcal/200gm	Mahi mahi		900
 572kcal/200gm	Prawns		1200
 572kcal/300gm	Fresh water scampi		1400
 572kcal/180gm	Koontal thenga ularthiyathu (squid)		900

## MEEN CURRY

Alleppey or Vembanadu or Malabar

 630kcal/300gm	Naimeen (king fish darne)	 	1000
 630kcal/300gm	Mahi mahi fish	 	900
 630kcal/300gm	Prawns	 	1200
 450kcal/300gm	Crab roast	 	1100



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## MAIN COURSE





<div> <div>▲</div> <div>Kozhi varutharachu curry</div> <div>  </div> </div> <div>640kcal/300gm Chicken morsels cooked in roasted coconut gravy</div>	900
<div> <div>▲</div> <div>Nadan kozhi curry</div> <div>  </div> </div> <div>640kcal/300gm Chicken morsels simmered in flavored coconut milk and local spice</div>	900
<div> <div>▲</div> <div>Mutton pepper varattu</div> <div>  </div> </div> <div>742kcal/300gm Tender lamb morsels cooked with shallots, coconut and black pepper</div>	950
<div> <div>▲</div> <div>Mutton malliperalan</div> <div>  </div> </div> <div>810kcal/300gm Coriander flavored lamb curry</div>	950
<div> <div>▲</div> <div>Beef roast</div> <div>  </div> </div> <div>550kcal/300gm Slow roast cooked beef in a spicy masala with curry leaves</div>	950
<div> <div>●</div> <div>Alleppey vegetable curry</div> <div>  </div> </div> <div>330kcal/300gm Vegetable cooked in coconut milk and raw mango</div>	800
<div> <div>●</div> <div>Vegetable stew</div> </div> <div>224kcal/300gm Vegetable cooked in mild coconut milk</div>	800
<div> <div>●</div> <div>Koon pattani masala</div> <div>  </div> </div> <div>210kcal/300gm Mushroom, green peas in mild spicy masala with coconut milk</div>	800
<div> <div>●</div> <div>Vellarikka manga curry</div> <div>  </div> </div> <div>290kcal/300gm Local spiced coconut based gravy with curry cucumber and raw mango</div>	800
<div> <div>●</div> <div>Thakkali murungakkai curry</div> <div>  </div> </div> <div>290kcal/300gm Local spiced coconut based gravy with drumstick and tomato</div>	800




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## BREADS AND RICE

-  546kcal/350gm Steamed rice or Kerala rice 300
-  274kcal/90gm Malabar paratha  200
-  265kcal/40gm Appam 200

## Biryani-Malabari style

-  Vegetable   848kcal/350gm 850
-  Chicken   1086kcal/350gm 950

## Desserts

-  Ada pradhanam    635kcal/200gm Rice flakes simmered in coconut extract, sweetened with molasses puree and tempered with nuts 500
-  Semiya payasam    644kcal/200gm Vermicelli simmered in sweetened and cardamom flavored milk, tempered with nuts 500
-  Tender coconut soufflé with tender coconut ice cream  430kcal/150gm Sugar free young coconut semifreddo 500
-  Mississippi chocolate mud cake with vanilla ice cream    800kcal/150gm Baked chocolate fudge cake 500
-  Selection of ice cream   207kcal/150gm Choice of- vanilla, strawberry, butter scotch, chocolate, tender coconut, coffee or mango 500



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## **Wines by the Glass**

### **White Wines**

#### **Indian**

Grover Vijay Amrutraj	900
Grover Chenin Blanc	900
Grover Viognier	900
Fratelli Chardonnay	900
Fratelli Sauvignon	900

#### **Imported**

Benzinger, Chardonnay	900
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### **Red Wines**

#### **Indian**

Grover Vijay Amrutraj	900
Grover's Cabernet Shiraz	900
Fratelli Classic Merlot	900
Grover Merlot	900

#### **Rosé Wine**

Fratelli Rose Shiraz	900
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## Champagne or Sparkling wine

Grover Zampa Brut, India	7500
Fratelli noi, India	7500

## White Wines

### Chardonnay

Bezinger Los Carneros, California ●	8500
Hardy's, Australia ●	8500
Jacob's creek, Australia ●	8500
Lindeman's, Hunter valley, Australia ●	8500
Fratelli, Akulj, India ●	5500

### Chenin Blanc

Grover, Nashik, India ●	5500
Fratelli, Nashik, India ●	5500
Fratelli, Akulj, India (375 ml) ●	3500

### Sauvignon Blanc

Pouilly Fume, Henri Bourgeois, France ●	8500
Kumala, Table mountain, South Africa ●	8500
Mouton Cadet Blanc, Bordeaux, France ●	8500
Grover, Nashik, India ●	5500
Fratelli, India ●	5500

## Viognier

Grover zampa Vijay Amritraj collection, Nandi hills, India ●	5500
Grover, Nashik, India ●	5500

## Red Wine

### Shiraz

Jacobs Creek, Australia ●	8500
Lindeman's Cabernet Shiraz, Australia ●	8500
Grover La Reserve, India	5500
Grover, India ●	5500
Grover, India 375ml ●	3500
Fratelli Classic, India ●	5500
Fratelli, Indian 375ml	3500
Fratelli, India	5500

## Cabernet Sauvignon

Grover zampa Vijay Amritraj collection ●	5500
Fratelli, India ●	5500

## Merlot

Grover, India ●	5500
Fratelli classic merlot, India ●	5500
Jacobs Creek, Australia	8500

## Rosé Wine

Fratelli, India ●	5500
Grover, India ●	5500



## Beer

Corona Extra (330ml)	750
Kingfisher premium (650ml)	700
Kingfisher Ultra (500ml)	650
Kingfisher Ultra (330ml)	550
Heineken (330ml)	550
Heineken (650ml)	750
Budweiser (330 ml)	550

