



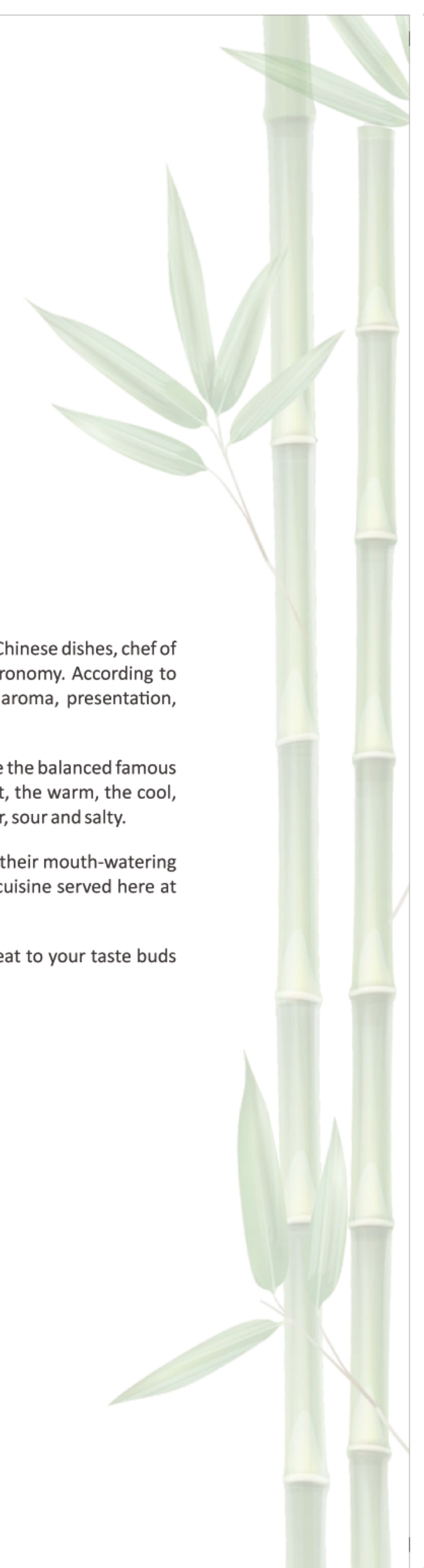
The Chinese gourmet's notes

To show their appreciation and admiration of spectacular Chinese dishes, chef of the Song dynasty wrote a great deal about Chinese gastronomy. According to tradition, Chinese gourmets judged food based on the aroma, presentation, palatability and texture.

Aside from these factors, a perfect chinese meal must have the balanced famous four natures and five tastes. Four natures refer to the hot, the warm, the cool, and the cold while five tastes refer to pungent, sweet, bitter, sour and salty.

Fortunately you do not have to go to China to experience their mouth-watering dishes. These characteristics are present in the Chinese cuisine served here at Whispering Bamboo.

Delicacies from the Whispering Bamboo kitchen are a treat to your taste buds with the wonderful flavours of the Orient.



APPETIZER

SEAFOOD

- ⚠

Wok Fried Rock Lobster with Chilli and Oyster
1817 kcal | 300 gms | quick fried lobster, oyster sauce
🦞🍲🌶🍷🥚🥬

2250

⚠

Butter Chilli Garlic Prawn
1404 kcal | 280 gms | crispy prawns, crushed chilli and garlic
🦞🌶🧈🥬🥚

1750

⚠

Pan Fried Chilli Fish
1396 kcal | 350 gms | Kolkata bhetki, onion and fermented chilli paste
🐟🌶🧈🥬🥚🍷

1550

⚠

Steamed Kolkata Bhetki with Pickled Chilli Sauce
560 kcal | 250 gms | steamed fish, pickled red chillies
🐟🌶🧈🥬🥚🍷

1550

⚠

Fish with Hot Chilli Bean Sauce
1023 kcal | 350 gms | crispy fried whole pomfret, spicy bean sauce
🐟🌶🧈🥬🥚

1250

POULTRY

⚠

Sichuan Style Chilli Mountain Chicken
826 kcal | 200 gms | tender chicken, sichuan peppercorn
🐔🌶🧈🥬

975

⚠

Ming Chicken
376 kcal | 200 gms | sautéed with chili, garlic and oyster sauce
🐔🌶🧈🥬🍷

975

⚠

Star Anise Chicken with Exotic Vegetables
750 kcal | 200 gms
🐔🌶🧈🥬

975

⚠

Burnt Garlic Chicken
790 kcal | 200 gms | crispy chicken and garlic
🐔🌶🧈🥬🍷

975

⚠

Stir Fried Chicken with Basil
775 kcal | 200 gms
🐔🌶🧈🥬🍷

975

🥛 Lactose 🌾 Gluten 🥜 Nuts 🌿 Celery 🌱 Mustard 🥚 Sesame 🐟 Fish 🥚 Eggs 🥜 Peanuts 🐌 Molluscs 🌱 Soy 🧴 Sulphites 🦀 Crustaceans 🌱 Lupin

⚠ Denotes non-vegetarian dish
🍲 Denotes vegetarian dish
✅ Denotes vegan dish

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“An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary”

VEGETARIAN

🍲

Jumbo Green Asparagus, Aged Black Garlic, Fresh Chilli Lemon Butter
1042 kcal | 350 gms | steamed asparagus, tangy chilli sauce
🌿🍷

875

🍲

Smoked Edamame, Green Onion and Burnt Ginger Black Bean Sauce
1463 kcal | 200 gms | young soya, spring onion and ginger
🌿🥚🌶

875

🍲

Crispy Chilli Baby Corn
1105 kcal | 300 gms | crunchy fried, red chillies, spring onion
🌿🌶🌱

875

🍲

Crispy Fried Spinach
670 kcal | 150 gms | quick fried, sesame, chilli, sugar
🌿

825

🍲

Crispy Chilli Potato
1264 kcal | 250 gms | crispy matchstick potatoes, chilli paste, spring onion
🌿🌶

825

🍲

Chausi Pepper Salt
1685 kcal | 260 gms | cheese balls salt pepper style
🌿🌶🧈

825

🍲

Stir Fried Water Chestnut and Shitake Mushroom
238 kcal | 200 gms | with garlic, chinese parsley & chili
🌿🥚🍷

825

🍲

House Special Spring Roll
359 kcal | 160 gms | with tofu, celery, bean sprouts, water chestnut
🌿🥚🌱

825

🍲

Golden Corn Kernels Tossed with Five Spices
302 kcal | 160 gms
🌿

825

🍲

Lotus Root with Honey Chilli Sauce
259 kcal | 200 gms
🌿🌶🥚

825

🍲

Crispy Chestnuts
439 kcal | 200 gms
🌿🌶🥚

825

🥛 Lactose 🌾 Gluten 🥜 Nuts 🌿 Celery 🌱 Mustard 🥚 Sesame 🐟 Fish 🥚 Eggs 🥜 Peanuts 🐌 Molluscs 🌱 Soy 🧴 Sulphites 🦀 Crustaceans 🌱 Lupin

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DIMSUM

<div><div></div><div></div><div></div></div> <div><div>Prawn and Chicken Pot Sticker</div><div>462 kcal 180 gms prawns, chicken, scallions, pan grilled</div><div><div></div><div></div><div></div><div></div></div></div>	1200
<div><div></div><div></div><div></div></div> <div><div>Prawn Dim Sum</div><div>526 kcal 180 gms</div><div><div></div><div></div><div></div><div></div></div></div>	975
<div><div></div><div></div><div></div></div> <div><div>Chicken Dumpling</div><div>402 kcal 180 gms with scallion and chinese parsley</div><div><div></div><div></div><div></div><div></div></div></div>	875
<div><div></div><div></div><div></div></div> <div><div>Broccoli Cheese, Chilli</div><div>441 kcal 180 gms</div><div><div></div><div></div><div></div><div></div></div></div>	850
<div><div></div><div></div><div></div></div> <div><div>Pan-fried Mushroom Kothe</div><div>440 kcal 180 gms</div><div><div></div><div></div><div></div><div></div></div></div>	750
<div><div></div><div></div><div></div></div> <div><div>Triangular Dim Sum</div><div>319 kcal 180 gms asparagus, babycorn, water chestnuts</div><div><div></div><div></div><div></div><div></div></div></div>	750

SOUP

<div><div></div><div></div><div></div></div> <div><div>Lemon Coriander Clear Soup</div><div></div><div></div></div>	
<div><div></div><div></div><div></div></div> <div><div>Seafood</div><div>104 kcal 220 gms <div><div></div><div></div><div></div></div></div></div>	625
<div><div></div><div></div><div></div></div> <div><div>Chicken</div><div>125 kcal 220 gms <div><div></div><div></div><div></div></div></div></div>	575
<div><div></div><div></div><div></div></div> <div><div>Vegetable</div><div>43 kcal 220 gms <div><div></div><div></div><div></div></div></div></div>	550
<div><div></div><div></div><div></div></div> <div><div>Sweet Corn Soup</div><div></div><div></div></div>	
<div><div></div><div></div><div></div></div> <div><div>Seafood</div><div>147.1 kcal 225 gms <div><div></div><div></div><div></div></div></div></div>	625
<div><div></div><div></div><div></div></div> <div><div>Chicken</div><div>162 kcal 225 gms <div><div></div><div></div><div></div></div></div></div>	575
<div><div></div><div></div><div></div></div> <div><div>Vegetable</div><div>158 kcal 225 gms</div></div>	550
<div><div></div><div></div><div></div></div> <div><div>Hot and Sour Soup</div><div></div><div></div></div>	
<div><div></div><div></div><div></div></div> <div><div>Seafood</div><div>235 kcal 225 gms <div><div></div><div></div><div></div></div></div></div>	625
<div><div></div><div></div><div></div></div> <div><div>Chicken</div><div>138 kcal 225 gms <div><div></div><div></div><div></div></div></div></div>	575
<div><div></div><div></div><div></div></div> <div><div>Vegetable</div><div>82.1 kcal 225 gms <div><div></div><div></div><div></div></div></div></div>	550

Manchow Soup

<div><div></div><div></div><div></div></div> <div><div>Seafood</div><div>230 kcal 225 gms <div><div></div><div></div><div></div></div></div></div>	625
<div><div></div><div></div><div></div></div> <div><div>Chicken</div><div>421 kcal 225 gms <div><div></div><div></div><div></div></div></div></div>	575
<div><div></div><div></div><div></div></div> <div><div>Vegetable</div><div>421 kcal 225 gms <div><div></div><div></div><div></div></div></div></div>	550

Dumpling Soup with Kaffir Lime

<div><div></div><div></div><div></div></div> <div><div>Chicken</div><div>173 kcal 225 gms <div><div></div><div></div><div></div></div></div></div>	625
<div><div></div><div></div><div></div></div> <div><div>Vegetable</div><div>173 kcal 225 gms <div><div></div><div></div><div></div></div></div></div>	550

<div><div></div><div></div><div></div></div> <div><div>Tomato and Tofu Soup</div><div>120 kcal 230 gms tomato and pakchoi</div><div><div></div><div></div><div></div><div></div></div></div>	550
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<div><div></div><div></div><div></div></div> <div><div>Pickled Vegetable and Potato Soup</div><div>82 kcal 230 gms pickled potato, shredded potatoes, fragrant broth</div><div><div></div><div></div><div></div><div></div></div></div>	550
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VEGETABLES

















<div><div></div><div></div><div></div></div> <div><div>Stir Fried</div><div>992 kcal 370 gms asian greens</div><div><div></div><div></div><div></div><div></div></div></div>	850
<div><div></div><div></div><div></div></div> <div><div>Stir Fried Chinese Greens, Bamboo Shoot with Burnt Garlic</div><div>880 kcal 350 gms</div><div><div></div><div></div><div></div><div></div></div></div>	850
<div><div></div><div></div><div></div></div> <div><div>Assorted Mushroom Tossed with Black Pepper</div><div>607 kcal 320 gms light soy, golden garlic, crushed pepper</div><div><div></div><div></div><div></div><div></div></div></div>	850
<div><div></div><div></div><div></div></div> <div><div>Okra and Bamboo Shoot In Spicy Black Bean Chili Sauce</div><div>655 kcal 285 gms</div><div><div></div><div></div><div></div><div></div></div></div>	850
<div><div></div><div></div><div></div></div> <div><div>Mapo Tofu</div><div>319 kcal 300 gms tofu, chilli bean sauce</div><div><div></div><div></div><div></div><div></div></div></div>	850
<div><div></div><div></div><div></div></div> <div><div>Steamed Tofu Pickled Chili</div><div>521 kcal 300 gms sliced tofu, oriental pickled chilli</div><div><div></div><div></div><div></div><div></div></div></div>	850
<div><div></div><div></div><div></div></div> <div><div>Five Spiced Tofu Clay Pot</div><div>454 kcal 300 gms five spice powder, stir fried tofu</div><div><div></div><div></div><div></div><div></div></div></div>	850















WOK TOSSED

<div><div></div><div>Asparagus, Shiitake and Wild Mushroom</div></div> <div>355 kcal 350 gms in chili soy sauce</div> <div></div>	850
<div><div></div><div>Kung Pao Potato</div></div> <div>114 kcal 350 gms with water chestnut, cashewnut and dry red chili</div> <div></div>	850
<div><div></div><div>Sweet and Sour Vegetables</div></div> <div>255 kcal 350 gms</div> <div></div>	850
<div><div></div><div>Four Treasure Vegetables</div></div> <div>285 kcal 350 gms corn, asparagus, shiitake and broccoli in hot bean sauce</div> <div></div>	850
<div><div></div><div>Kung Pao Vegetables</div></div> <div>623 kcal 375 gms exotic vegetables, cashewnut</div> <div></div>	850
<div><div></div><div>Baby Pok Choi, Shiitake, Black Fungus and Button Mushroom</div></div> <div>239 kcal 400 gms</div> <div></div>	850
<div><div></div><div>Assorted Vegetables in Black Pepper Sauce</div></div> <div>455 kcal 400 gms</div> <div></div>	850

MAIN COURSE

SEAFOOD

<div><div></div><div>Wok Tossed Lobster</div></div> <div>495 kcal 350 gms XO sauce, spring onion sauce, spicy butter garlic sauce</div> <div></div>	2250
<div><div></div><div>Wok Fried Prawn</div></div> <div>429 kcal 375 gms with wild mushroom in chili mustard sauce</div> <div></div>	1350
<div><div></div><div>Kung Pao Prawn</div></div> <div>525 kcal 375 gms with cashewnut and dry red chilli</div> <div></div>	1350
<div><div></div><div>Steamed Pomfret Fillet</div></div> <div>517 kcal 300 gms spiced black bean sauce, ginger soy sauce, chilli black bean</div> <div></div>	1350

 Lactose  Gluten  Nuts  Celery  Mustard  Sesame  Fish  Eggs  Peanuts  Molluscs  Soy  Sulphites  Crustaceans  Lupin

Denotes non-vegetarian dish

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Denotes vegan dish















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POULTRY AND MEATS

<div><div></div><div>Peking Duck Full Portion</div></div> <div>3849 kcal 700 gms traditional beijing style roasted duck served with shredded vegetables pancake and hoisin sauce</div> <div></div>	2200
<div><div></div><div>Peking Duck Half Portion</div></div> <div>2280 kcal 350 gms</div> <div></div>	1400
<div><div></div><div>Kung Pao Chicken</div></div> <div>590 kcal 400 gms with cashewnut and dry red chili</div> <div></div>	1150
<div><div></div><div>Sichuan Two Chilli Pepper Chicken</div></div> <div>575 kcal 375 gms classic sichuan style sauce spiced up with wild pepper and sichuan peppercorn</div> <div></div>	1150
<div><div></div><div>Cantonese Clay Pot Chicken</div></div> <div>465 kcal 375 gms with ginger, spring onion and chili</div> <div></div>	1150
<div><div></div><div>Sweet and Sour Chicken</div></div> <div>440 kcal 375 gms</div> <div></div>	1150
<div><div></div><div>Konjee Crispy Lamb</div></div> <div>760 kcal 225 gms crispy shredded lamb, onions and peppers</div> <div></div>	1100
<div><div></div><div>Stir Fried Chilli Lamb</div></div> <div>775 kcal 300 gms with soy sauce</div> <div></div>	1100
<div><div></div><div>Wok Fried Spicy Sliced Lamb with Black Pepper and Celery</div></div> <div>825 kcal 315 gms lamb slices, onion, chilli and soya</div> <div></div>	1100
<div><div></div><div>Shredded Lamb with Fresh Chilli Coriander</div></div> <div>857 kcal 320 gms quick fried shredded lamb, spring onions, coriander</div> <div></div>	1100
<div><div></div><div>Sweet and Sour Pork</div></div> <div>243 kcal 375 gms tossed with pineapple and bell pepper</div> <div></div>	1100

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RICE

Spicy Malha Fried Rice

⚠️ Mixed Meat/Prawn 725/750
665 kcal | 400 gms | 🌿🍄🥩🍛🐟 / 712 kcal | 400 gms | 🌿🍄🥩🍛

⚠️ Chicken/Egg 725/725
900 kcal | 400 gms | 🌿🍄🍛 / 802 kcal | 400 gms | 🌿🍄🍛

✅ Vegetable 650
545 kcal | 400 gms | 🌿

Wok Fried Rice

⚠️ Mixed Meat/Prawn 725/750
757 kcal | 375 gms | 🌿🐟🥩🍛 / 713 kcal | 375 gms | 🥩🍛

⚠️ Chicken/Egg 725/725
788 kcal | 375 gms | 🌿🍛 / 804 kcal | 375 gms | 🌿🍛

✅ Vegetable 650
511 kcal | 375 gms | 🌿

⚠️ Whispering Fried Rice with Prawn and XO 725
839 kcal | 450 gms
🍄🌿🐟🥩🍛

✅ Burnt Garlic and Spring Onion Fried Rice 625
521 kcal | 375 gms
🌿

✅ Jasmine Fried Rice 625
956 kcal | 375 gms | edamame, bell peppers and onion
🌿

✅ ⚠️ Red and White Rice with Edamame 725 / 750 / 725 / 725 / 650
640 kcal | 375 gms | mixed meat / prawn / chicken / egg / vegetables
🌿🐟🥩🍛

NOODLES

Hakka Noodles

⚠️ Mixed meat/Prawn 725/750
476 kcal | 450 gms | 🌿🐟🥩🍛 / 429 kcal | 450 gms | 🥩🍛

⚠️ Chicken/Egg 725/725
449 kcal | 450 gms | 🌿🍛 / 609 kcal | 450 gms | 🌿🍛

✅ Vegetable 650
408 kcal | 400 gms | 🌿🍄

Pan Fried Noodles

⚠️ Mixed meat/Prawn 975/1250
847 kcal | 650 gms | 🌿🐟🥩🍛 / 803 kcal | 650 gms | 🌿🥩🍛

⚠️ Chicken/Egg 975/950
823 kcal | 650 gms | 🌿🍛 / 984 kcal | 650 gms | 🌿🍛

✅ Vegetable 950
1210 kcal | 650 gms | 🌿🍄

Chilli Garlic Noodles

⚠️ Mixed meat/Prawn 725/750
574 kcal | 500 gms | 🌿🐟🥩🍛 / 531 kcal | 500 gms | 🌿🥩🍛

⚠️ Chicken/Egg 725/725
551 kcal | 500 gms | 🌿🍛 / 711 kcal | 500 gms | 🌿🍛

✅ Vegetable 650
370 kcal | 500 gms | 🌿🍄

Wok Tossed Whole Wheat Noodles

⚠️ Mixed meat/Prawn 725/750
467 kcal | 450 gms | 🌿🐟🥩🍛 / 424 kcal | 450 gms | 🌿🥩🍛

⚠️ Chicken/Egg 725/725
444 kcal | 450 gms | 🌿🍛 / 605 kcal | 450 gms | 🌿🍛

✅ Vegetable 650
404 kcal | 400 gms | 🌿🍄

Singapore Rice Noodles

⚠️ Mixed meat/Prawn 725/750
348 kcal | 450 gms | 🌿🐟🥩🍛 / 305 kcal | 450 gms | 🌿🥩🍛

⚠️ Chicken/Egg 725/725
325 kcal | 450 gms | 🌿🍛 / 221 kcal | 450 gms | 🌿🍛

✅ Vegetable 650
205 kcal | 400 gms | 🌿🍄

Udon Noodles Shanghai Style




⚠️ Mixed meat/Prawn 725/750
574 kcal | 500 gms | 🌿🐟🥩🍛 / 531 kcal | 500 gms | 🌿🥩🍛

⚠️ Chicken/Egg 725/725
551 kcal | 500 gms | 🌿🍛 / 711 kcal | 500 gms | 🌿🍛

✅ Vegetable 650
370 kcal | 500 gms | 🌿🍄




Braised E. Fu Noodles	725/750
 Mixed meat/Prawn 716 kcal 500 gms  / 716 kcal 500 gms 	
 Chicken/Egg 716 kcal 500 gms  716 kcal 500 gms 	725/725
 Vegetable 716 kcal 500 gms 	650

DESSERT

 Darsaan Honey Or Chocolate 1334 kcal 180 gm 	550
 Toffee Banana/Apple with Vanilla Ice Cream 2434 kcal 150 gms 	550
 Chilled Lychee 246 kcal 120 gms	550
 Date Pancake with Vanilla Ice Cream 1454 kcal 150 gms 	550
 Bitter Chocolate Cremeux 351 kcal 200 gm sugar free 	550
 Chilled Mango and Lychee Pudding 585 kcal 125 gms mango flavored pudding with coconut crumble 	550
 Tofu Cheese Cake kcal 100 gms sugar free, nut free, vegan and eggless 	550
 Choice of Two Scoops of Ice Cream Tender Coconut 284 kcal 120 gms 	525
Matcha 335 kcal 120 gms 	
Kuro Goma (Black Sesame) 263 kcal 120 gms 	
Vanilla 263 kcal 120 gms 	

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