

## CLUB HOUSE

As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI) an average active adult requires **2000 kcals** of energy per day. However, the actual calories needed may vary per person.

### H Club House

### ALL DAY BREAKFAST

**CEREALS** • *KCAL 281.02 |*Choice of corn flakes, choco flakes, wheat flakes or muesliserved with hot or cold milk **i** 

### HOUSE BREADS •

**KCAL 366.42** | Choose any three – croissant, muffin, danish or choice of whole wheat or white bread **\*** 

EGGS TO ORDER

All egg preparations served with potato rosti and baked beans

Boiled egg **KCAL 233** | Choice of soft or hard-boiled egg

Classic plain omelette KCAL 227 | Farm fresh eggs

Masala omelette
 KCAL 240
 Onion, tomato, green chilli and coriander

6

6

Ham and cheese omelette 
KCAL 264 | Classic omelette with breakfast ham and swiss cheese

Classic sunny side up **KCAL 226.28** |Bulls eye of farm fresh eggs

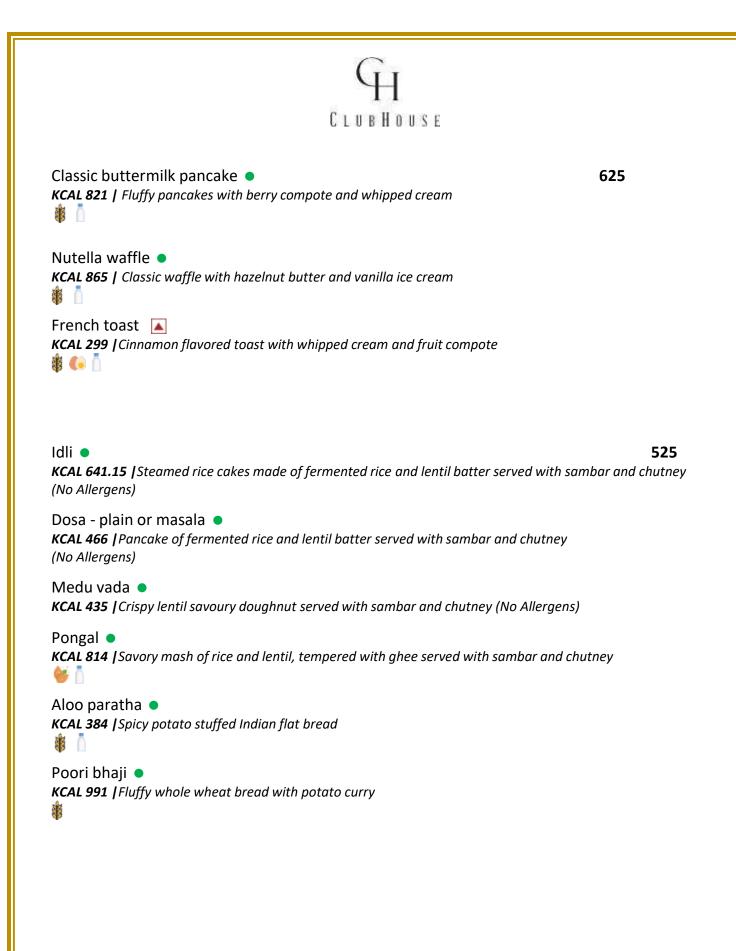
### 6

Classic scrambled egg **KCAL 294 |** Soft, rich and smooth

Please inform our associates if you are allergic to any ingredients All prices are in Indian rupees and subject to government taxes • Vegetarian A Non-Vegetarian 450

525

450





#### Available between 12 noon to 11:00 pm

| SOUPS & STARTERS   |     |
|--|-----|
| Roasted tomato and basil soup •<br>KCAL 71   With garden vegetable, fresh basil( No Allergens)                 | 475 |
| Murgh Mukroot ka rus 🔼 <b>KCAL 49.8  </b> Chicken & lemon leaf flavored soup with Indian spices (No Allergens) | 525 |
| Manhattan seafood chowder 🔺 KCAL 105   With dollops of fresh cream   | 525 |
| Podi idli •<br><i>KCAL 70  </i> Mini idlis tempered in a typical madras spice powder                           | 525 |
| French Fries •<br>KCAL 312   (No Allergens)  | 525 |
| Chilli cheese toast •<br><i>KCAL 472.2  Chilli and cheese gratinated on toast</i>                              | 625 |
| Chatpate aloo •<br><i>KCAL 218.9  </i> New potatoes tossed with dried pomegranate seeds                        | 750 |
| Jaitooni malai paneer tikka* •<br><i>KCAL 438.2  Olive's stuffed cottage cheese lazed with cream</i>           | 750 |
| Murgh angara tikka* <b>KCAL 267.2</b>   Chicken marinated in yoghurt and crushed chillies                      | 825 |
| Fish fingers 🔺<br>KCAL 362.3  Crumbed fish goujons   | 875 |
| Eral kurumilagu roast 🔺 <b>KCAL 175.5  </b> Plump coastal prawns tossed with crush pepper                      | 925 |
| Usilampatti kari sukka 🔺 KCAL 383.4  Dry roasted tender lamb tossed with garlic (No Allergens)                 | 975 |
| *Tandoor preparations available between 12.30 pm to 2.45 pm & 7 pm to 11.00 pm                                 |     |
|  |     |

# GLUBHOUSE

### SALADS, SANDWICHES AND WRAPS

| Classic Greek salad  | 625 |
|--|-----|
| <b>KCAL 193  </b> Herb marinated feta, tomatoes, cucumber, kalamata olive, red onion          Image: Imag |     |
| Caesar salad   | 625 |
| KCAL 404   Romaine lettuce, homemade croutons, parmesan cheese   |     |
| Classic grilled chicken caesar salad 🔺   | 675 |
| KCAL 389   Romaine lettuce, homemade croutons, parmesan cheese, anchovies,   |     |
| bacon  |     |
| Vegetable club sandwich  | 825 |
| <b>KCAL 405.8  </b> Peppers, tomato & cheese   |     |
| Classic club sandwich 🔺  | 875 |
| <b>KCAL 969  </b> Chicken, egg & bacon   |     |
|  |     |
| Paneer kathi roll 🔹  | 825 |
| KCAL 366.3   Cottage cheese wrap.  |     |
| Chicken kathi roll 🔺   | 875 |
| KCAL 268.7   Chicken tikka wrap  |     |
| Crumbed vegetable patty burger   | 825 |
| <b>KCAL 247.1  </b> Toasted sesame bun, crumbed vegetable patty and cheese.  |     |
| Crumbed chicken burger 🔺   | 875 |
| <b>KCAL 560.2  </b> Toasted sesame bun, crumbed chicken patty and cheese   |     |

All sandwiches are served along with fries or wedges

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| ENTRÉE  |      |
|---|------|
| Penne al'arrabiata •<br>KCAL 241.6   Penne with chilli, parsley and tomato sauce (No Allergens)   | 875  |
| Penne al funghi •<br>KCAL 547.5   Penne in porcini cream sauce  | 875  |
| Spaghetti aglio olio e pepperoncino with mélange of seafood<br>KCAL 545.36  Spaghetti with seafood, garlic, chilli flakes and olive oil<br>KCAL 545.36  Spaghetti with seafood, garlic, chilli flakes and olive oil | 925  |
| Smoked chicken, feta cheese siciliana with penne  KCAL 418.5   A unique blend of tomato sauce and fresh cream   | 925  |
| Grilled chicken and garden herbs spaghetti with parmesan <b>A</b><br><b>KCAL 596.2</b> [Pesto de basilica<br><b>b</b>   | 925  |
| Roasted free range chicken breast <b>A</b><br><b>KCAL 344.9</b>   Boiled vegetables, country mash and pepper jus  | 1150 |
| Domestic Tenderloin <b>KCAL 329</b>   Boiled vegetables, country mash and pepper jus  | 1150 |
| Grilled fish <b>A</b><br><b>KCAL 327.9</b> <i>JFresh catch, country mash, grilled vegetables, dill cream sauce</i>  | 1250 |
| Sambar sadam •<br>KCAL 210   Ponni rice and sambar tempered with spices   | 675  |
| Khichdi  ●<br>KCAL 326  Plain / masala / vegetables (No Allergens)  | 675  |
| Pachakari stew •<br><i>KCAL 81  </i> Seasonal vegetables, gently simmered in creamy coconut milk<br>(No Allergens)  | 825  |

## CLUBHOUSE

1050

1250

Madras meen kozhambu **KCAL 264.2** *J Slow cooked fish in tamarind pulp and chilli gravy* 

Sutta meen varuval **KCAL 246.7** [Pan seared fresh catch with home ground spices

# GLUBHOUSE

| Bhuna saag •<br><i>KCAL 223.6  </i> Slow cooked spinach tempered with fenugreek and garlic                     | 825  |
|--|------|
| Paneer lababdar •<br><i>KCAL 602  </i> Slow braised cottage cheese in a rich onion and tomato gravy            | 825  |
| Subzi panchphoran •<br>KCAL 108   Assorted vegetable pan grilled, finished in home style gravy (No Allergens)  | 825  |
| Dal makhani •<br><i>KCAL 562.9  </i> Homemade black dal enriched with cream and clarified butter               | 825  |
| Urulai vathakal • <b>KCAL 365  </b> Potatoes tossed in turmeric and roasted homemade spice powder              | 825  |
| Tadkewali dal •<br><i>KCAL 326   Mélange of three lentils tempered with royal cumin</i>                        | 675  |
| Pakthooni murgh 🔺 KCAL 225.5   Chicken cooked with pureed chillies and Indian spices (No Allergens)            | 925  |
| Murgh tawa masala  KCAL 182.1  Chicken in a smooth sauce with crushed peppercorns                              | 925  |
| Dum ka Gosht <b>A</b><br>KCAL 275  Seared lamb cooked in spices from Kashmir (No Allergens)                    | 975  |
| Dum subz biryani •<br><i>KCAL 431   Melange of vegetables with basmati rice dum cooked with aromatic spice</i> | 825  |
| Kacche gosht ki biryani  KCAL 352   Tender lamb dum cooked with basmati rice                                   | 1050 |

# G L U B H O U S E

| Iddiyapam<br><i>KCAL 130/</i> String hoppers  | 300 |
|---|-----|
| Steamed ponni <i>or</i> basmati rice<br><b>KCAL 234/</b> Local short grain or basmati rice (No Allergens) | 300 |
| Malabar paratha<br><i>KCAL 164</i> Flaky refined flour bread<br>🏽 🐞                                       | 300 |
| Raita  KCAL 101   |     |
| ň.  | 275 |
| Naan* (plain/butter/garlic) / <i>KCAL 258</i>   |     |
| *   | 225 |
| Tandoori roti*/ Pudhina paratha*   <i>KCAL 223</i>  |     |
|   | 225 |
| *Tandoor preparations available between 12.30 pm to 2.45 pm & 7 pm to 11.00 pm                            |     |

SIDES AND BREADS •

### H Club House

### ORIENTAL

[Available between 12:30 pm to 2:45 pm & 7:00 pm to 11:00 pm, Tuesday to Sunday]

| Lemon grass soup •<br>KCAL 62.2  Vegetable (No Allergens)  | 475       |
|--|-----------|
| Lemon grass soup 💽 KCAL 76.5   Chicken/prawn   | 525       |
| Fried rice •   | 650       |
| KCAL 702  Vegetable (No Allergens)   |           |
| Noodles •<br>KCAL 286  Vegetable   | 650       |
| Vegetable Manchurian dumplings dry/gravy   | 750       |
| KCAL 366  Vegetable  |           |
| Thai curry red/green •<br><i>KCAL 778.8  </i> Served with boiled long grain rice(No Allergens)   | 950       |
| Fried rice           KCAL 636   Egg / chicken         Co   | 750       |
| Noodles 🔺<br>KCAL 327   Egg / chicken  | 750       |
| Chili garlic sauce dry/gravy  KCAL 277/Chicken / KCAL 174.2   prawn  | 825/925   |
| <ul> <li>Image: Second state of the second</li></ul> | 1050/1150 |
|  |           |



### DESSERTS

450

Anjeer badam halwa • KCAL 723 /A mélange of dried figs and almond in Mississippi mud pie A KCAL 963 /Gooey chocolate cake if Collab Jamun • KCAL 486/ Choice of ice cream • 289Kcal 150Gms/Almond and nuts, black currant, dark chocolate, vanilla & strawberry

Fruit platter • 318.33Kcal|Seasonal fruits



### BEVERAGES

| Seasonal fruit juice <i>115KCAL/300mI  </i> watermelon / 224KCAL   300mI<br>orange<br>SELECTION OF COFFEE        | 375<br>375 |
|--|------------|
| 165 KCAL / 180 ml  |            |
| SELECTION OF TEAS  | 375        |
| 165 KCAL / 180 ml  |            |
| Hot chocolate /242.44KCAL/300 ml   | 375        |
|  |            |
| Sweet lassi 129kcal/300ml  Salted 109Kcal/300ml  | 375        |
|  | 375        |
| Packaged bottled water   | 200        |
| Choice of milkshake <b>420KCAL/300ml</b><br>Almond and nuts, black currant, dark chocolate, vanilla & strawberry | 4300       |

### **AERATED BEVERAGES**

| Sparkling water (330 ml)                   | 350 |
|--|-----|
| Aerated beverages                          | 200 |
| Fresh lime soda/water                      | 225 |
| 25KCAL/300mlSalted / 365KCAL /300 ml Sweet |     |