

BREAKFAST

▲ Continental 1045 224 Kcal, 400 ml | 24 Kcal, 200 gm freshly squeezed fruit juice/ seasonal sliced fruits/ 401 Kcal, 150 gm | choice of cereals - wheat flakes/ cornflakes/chocos/muesli/ all bran with hot/cold milk oven fresh bakeries/ toast with butter, preserves 484 Kcal, 250 gm | two eggs any style with tomato, potato, mushrooms with choice of bacon/sausage/ ham, 102 Kcal, 150 ml | 68 Kcal, 150 ml | freshly brewed tea/ coffee



Indian 1045

224 Kcal, 400 ml | 24 Kcal, 200 gm freshly squeezed fruit juice/ sliced fruits 267 Kcal, 300 gm | aloo paratha, natural yoghurt, pickle or

129 Kcal, 250 gm | masala uttapam – thick rice and lentil pancake served with coconut chutney and sambhar, 102 Kcal, 150 ml | 68 Kcal, 150 ml | freshly brewed tea/ coffee



Eggs to order 595 484 Kcal, 250 gm

served with tomato, potato, mushroom with choice of bacon/ sausage/ ham



▲ Morning bakeries 495 337 Kcal, 90 gm | 281 Kcal, 70 gm | 398 Kcal, 100 gm Danish pastries, muffins, croissants, 326 Kcal, 123 gm | 382 Kcal, 122 gm | 170 Kcal, 130 gm









Bircher muesli 395 141 Kcal, 200 gm yoghurt, fresh fruits, nuts



Oatmeal 395 98 Kcal, 180 gm pasteurized/ skimmed milk



▲ French toast 595 247 Kcal, 400 gm

berry compote, sliced fruit, whipped cream, maple syrup





▲ Pancakes 595 249 Kcal, 180 gm

berry compote, sliced fruit, whipped cream, maple syrup



Paratha 595 267 Kcal, 300 gm

cottage cheese / cauliflower / potato served with natural yoghurt,





Poori bhaji 595 241 Kcal, 150 gm | 58 Kcal, 250 gm deep fried whole wheat bread served with potato curry



Steamed idli 595

170 Kcal, 250 gm steamed rice lentil cakes served with coconut and tomato chutney, sambhar



■ Upma 595 286 Kcal, 250 gm

semolina cooked with south Indian tempering



Peanut poha 595 117 Kcal, 200 gm

pressed rice flakes cooked with onion, curry leaves and turmeric powder



Uttapam 595 129 Kcal, 250 gm

thick rice pancake served with coconut and tomato chutney, sambhar



125 Kcal, 180 gm

plain or masala, thin griddle cooked lentil pancakes, served with coconut and tomato chutney, sambhar



ROUND-THE-CLOCK

▲ Caesar salad 825 152 Kcal, 150 gm

iceberg, maple glazed bacon, roast chicken, soft boiled egg, Caesar dressing



178 Kcal, 150 ml

■ Wild mushroom and thyme soup 445 125 Kcal, 150 ml



▲ Grilled rosemary corn-fed chicken, red wine jus 1295 190 Kcal, 270 gm

garlic compote potato mash, sautèed greens



Penne/ Spaghetti/ Fusilli/

Whole wheat 945 157 Kcal | 178 Kcal | 113 Kcal, 240 gm

cooked to order with choice of aglio olio/ pesto/ arabiatta/ cream cheese / pomodoro





▲ Kachche gosht ki biryani 1195 400 Kcal, 500 gm

slow cooked basmati rice with mutton and Indian spices served with raita



■ Dum ki murgh biryani 1095 360 Kcal, 500 gm

slow cooked basmati rice with chicken and Indian spices served with raita



Subz biryani 1045 340 Kcal, 500 gm

slow cooked basmati rice with assorted vegetables and Indian spices served with raita



Pav bhaji 595 58 Kcal, 180 gm

finely pounded spiced vegetables cooked with potato, served with buns



Steamed idli 595 170 Kcal, 250 gm

steamed rice lentil cakes served with coconut and tomato chutney, sambhar



THE HEALTH SELECTION

▲ Grilled river sole, caper, lime, olive oil nage, steamed vegetable 1295

103 Kcal, 280 gm



Steamed chicken breast with spinach, tomato glaze 1295



Gluten free penne, wild mushrooms, sun-dried tomatoes, olives 945 240 Kcal, 230 gm



Steamed idli 595

170 Kcal, 250 gm steamed rice lentil cakes served with coconut and tomato chutney,



IMMUNITY BOOSTERS

Broccoli and cheddar soup with Jalapeno croutons 445 178 Kcal, 150 ml



Citrus avocado salad 825 73 Kcal, 150 gm

▲ Grilled salmon with tomatoes and basil 1495 117 Kcal, 270 gm



▲ Lemon dredged chicken 1325 283 Kcal, 250 gm



Stir fried greens with garlic 1095 86 Kcal, 240 gm



BETWEEN THE BREADS*

Plain, toasted or grilled sandwich on homemade white, grain

or

brown bread 795

241 Kcal, 250 gm your choice of non-vegetarian filling (chicken/ ham/ bacon & fried egg)



Plain, toasted or grilled sandwich on homemade white, grain

or brown bread 795

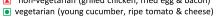
143 Kcal, 250 gm your choice of vegetarian filling (grilled vegetables, cucumber, tomato, cheese)



Millennium club sandwich 995/885

818 Kcal, 300 gm | 440 Kcal, 300 gm

and non-vegetarian (grilled chicken, fried egg & bacon)





Vegetable burger 885 274 Kcal, 250 gm

crumbed fried vegetable potato patty, cheese, lettuce, tomato slice in burger bun



▲ Chicken burger 885

306 Kcal, 250 gm minced chicken patty, pickled gherkins, ripe tomato, sliced onion



*All the above items are served with potato fries or potato wedges

PIZZA

Margherita 1200 676 Kcal, 400 gm



Grilled vegetables 1200 230 Kcal, 400 gm



743 Kcal, 400 gm

JUST FOR KIDS

▲ Fish Finger 695 172 Kcal, 180 gm served with French fries, tartar sauce



Pasta 695 157 Kcal | 178 Kcal, 240 gm



Mom's khichdi 595

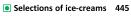
154 Kcal, 250 gm

Home style soft rice cooked with lentils, tempered with cumin



Cheese sandwich 395 150 Kcal, 200 gm





219 Kcal, 150 gm vanilla/ chocolate/ strawberry/ butterscotch



Ohoice of cereals 295 401 Kcal, 150 gm chocos/ cornflakes/ muesli served with cold/ hot milk

















FROM THE WOK **APPETIZERS** ▲ Fish pepper salt 1045 180 Kcal, 180 gm SOUPS Cream of tomato basil 445 178 Kcal, 150 ml **(**•) > 4 / > **>** [4] ■ Dry chilli chicken 1045 340 Kcal, 180 gm Wild mushroom thyme soup 445125 Kcal, 150 ml *> 6* Sweet chilli crispy vegetables 925 79 Kcal, 180 gm

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SOUPS

94 Kcal, 150 ml

▲ Sweetcorn chicken soup with egg white 445

■ Vegetable lemon coriander soup 445

▲ ● Hot and sour 445

94 Kcal, 150 ml

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135 Kcal, 150 ml

vegetable/ chicken

MAINS

and chilli 1395 318 Kcal, 240 gm

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372 Kcal, 250 gm

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363 Kcal, 240 gm

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leeks, cashewnut 1275

406 Kcal, 250 gm

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78 Kcal, 240 gm

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garlic chilli sauce 1095

78 Kcal, 250 gm

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RICE & NOODLES

choice of chilli bean, black bean or hot garlic sauce

4 6

555 Kcal, 240 gm

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4 6

555 Kcal, 240 gm

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727 Kcal, 250 gm

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INTERNATIONAL FARE

APPETIZERS Smoked salmon platter, caper, lemon,

sour cream, fennel 1995 131 Kcal, 150 gm

▲ Caesar salad 825

152 Kcal, 150 gm lettuce, bacon, anchovy, Caesar dressing, parmesan

▲ Fish finger, French fries, tartar sauce 1045

Greek style salad of cucumber, tomato, onion, feta cheese,

172 Kcal, 180 gm

oregano 825 142 Kcal, 150 gm

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159 Kcal, 150 gm

Vegetable fried rice 695

Vegetable hakka noodles 695

▲ Barbecue chicken, egg fried rice 745 727 Kcal, 240 gm

▲ Twice cooked noodles, chicken 745

Pan fried noodles 895 587 Kcal, 280 gm

Stir-fry Chinese greens, burnt garlic 1095 86 Kcal, 240 gm

Mapo tofu 1095

Wok-fried spinach, mushroom,

Kung pao chicken, Chinese vinegar,

▲ Sliced lamb, bok choy, chilli flakes, onion, cumin 1245

▲ Steamed fish in spicy garlic sauce 1245

▲ Stir-fried prawns with vegetable

FINGER FOOD

A Chicken nuggets 925 297 Kcal, 200 gm



▲ Fish and chips 925 172 Kcal, 200 gm served with French fries, tartar sauce



Herb crusted cottage cheese fingers 795 300 Kcal, 200 gm with thousand island dip



RISOTTO & PASTA

▲ Tomato basil risotto with prawn 1045 290 Kcal, 240 gm



Wild mushroom risotto 995 240 Kcal, 240 gm



Pasta of spaghetti, tagliatelle, penne, fusilli or integral with 1095/945

smoked chicken, caper, sun-dried tomato, cream

198 kcal / 240 gm Tomato, chilli, basil, garlic

378 kcal / 230 gm

Basil pesto, parmesan

392 Kcal, 230 gm

 Mixed mushroom sage 447 kcal / 230 gm

Pomodoro sauce

376 kcal/ 230 gm



FROM THE OVEN

 Roasted Norwegian salmon, baby potato, zucchini, carrot, white wine butter sage 1495 117 Kcal, 280 gm



▲ Grilled riversole, caper lime nage, vegetables, potato mash 1475



Oven roasted chicken, garlic confit potato, caponata, pan jus 1325

271 Kcal, 270 gm **>** [4]

■ Lasagne mille-feuille, grilled vegetables, asparagus 1095

295 Kcal, 260 gm

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LOCAL FLAVOURS APPETIZERS

Aiwaini ihinga 1395 794 Kcal, 200 gm clay oven cooked jumbo prawns marinated

in yoghurt, carom seed, garlic, green chilli **4** 🕌

▲ Tandoori fish tikka 1145 358 Kcal, 200 gm

cumin, yoghurt, green chilli flavoured fish cubes, broiled in clay oven

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▲ Gosht seekh kebab 1145 438 Kcal, 200 gm

minced skewered lamb with spices, finished in clay oven

Murgh achari tikka 1095 428 Kcal, 200 gm

slow cooked spiced chicken morsels with pickling spices, yoghurt



Achari paneer tikka 1045 369 Kcal, 200 gm

clay oven cooked chilli, pickle marinated cottage cheese $% \left(x_{i}^{\prime }\right) =\left(x_{i}^{\prime }\right)$



Subz seekh kebab 795 341 Kcal, 200 gm

skewered kebabs of minced potato, seasonal greens, Indian spices



▲ Salakhon wala kadai jhinga 1295 830 Kcal, 240 gm

tandoori prawns cooked with bell pepper, tomato, onion, spices





■ Rogani gosht 1195 703 Kcal, 270 gm

succulent pieces of lamb with onion, tomato, red chilli gravy



■ Pakhtooni murgh 1195

436 Kcal, 250 gm a North-West Frontier chicken specialty in tomato cashew gravy

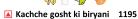


▲ Murgh tikka makhan masala 1195

372 Kcal, 250 gm

succulent pieces of chicken, fenugreek, tomato onion gravy





400 Kcal, 500 gm

slow cooked basmati rice with mutton, Indian spices served with garlic raita



■ Dum ki murgh biryani 1095

360 Kcal, 500 gm slow cooked basmati rice with chicken, Indian spices served with garlic raita



Subz biryani 1045

340 Kcal, 500 gm

slow cooked basmati rice with assorted vegetables, Indian spices served with raita



Paneer aap ki pasand 995 330 Kcal | 276 Kcal, 250 gm

fresh cottage cheese cooked in spinach/ tomato/ cashew gravy



Baingan ka bharta 845

342 Kcal, 240 gm

slow roasted giant brinjal, cooked with onion, tomato, green chilli,

fresh coriander

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Jhalfrezi nimbu hari mirch 845 338 Kcal, 240 gm

sweet and sour seasonal green vegetables

Dal makhni 845

402 Kcal, 300 gm velvety textured black lentil finished with cream and dried fenugreek

Dal tadka wali 845

320 Kcal, 240 gm

yellow lentil tempered with cumin, tomato, onion, asafoetida

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Jeera pulao/ steamed rice/ curd rice 375 502 Kcal | 201 Kcal, 300 gm | 576 Kcal, 250 gm



■ Tandoori roti/pudina paratha/

jalapeno olive naan/ butter naan/plain naan/missi roti 245 212 Kcal, 280 gm | 291 Kcal, 150 gm | 260 Kcal, 150 gm | 260 Kcal, 150 gm | 260 Kcal, 123 gm



DESSERTS

■ Baked blueberry cheesecake, berry compote, creme fraiche 872 Kcal, 200 gm





Warm American walnut brownie, chocolate sauce, vanilla ice 890 Kcal, 150 gm







▲ Provencal tiramisu, brandy cream 545 582 Kcal, 200 gm



Gulab jamun 816 Kcal, 120 gm

fried cottage cheese and flour dumplings soaked in sugar syrup





























